JANUARY 2014

# "The Godfather"

**REMICK MERRY** rides the waves on his SUP along the shores of Normandy Park

## NPPD CITIZEN AWARD

TIM LAU A model for citizen involvement

NORMANDY PARK

International Content of Content

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HIGHLINE CC Seeking Career Pathway Partners

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## Directions

- Sift together flour, sugar, baking powder, salt and baking soda.
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- 4. Spoon into a greased 9x5x3 loaf pan and bake at 350 degrees for 1 hour, 10 minutes, or until toothpick in center comes clean. Cool out of pan on a wire rack.





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## CitvScene

#### IANUARY 2014

City Scene is published by Philips Publishing Group for the City of Normandy Park PUBLISHER

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**Philips Publishing Group** 



IT'S BEEN A LITTLE MORE THAN A YEAR since council member Susan West and I sat down with then Normandy Park City Manager Doug Schulze

and proposed the creation of a city magazine to serve the community of Normandy Park.

I've really enjoyed my part in the creation of the City Scene Magazine. It's allowed me to get civically involved in helping keep our community vibrant, and it's been a really great way to meet my neighbors!

City Manager Glenn Akramoff has been extremely supportive of the project, and City Clerk Debbie Burke has been a joy to work with. She's taken to her role as editor like salmon to Walker Creek! She's organized and imaginative-and those two qualities really show in the editorial product you are holding in your hand. Susan West has been loudly cheering us on-spreading the word throughout the business community that support of the Normandy Park City Scene translates into a better business climate, and a stronger local economy.

The work of all these good peopleand the enthusiastic response of Normandy Park residents-has made the magazine self-sufficient from day one.

Publishers Note

Advertisers recognize that their support of our efforts creates goodwill in the community...and advertising in Normandy Park City Scene generates business from Normandy Park residents!

Our advertisers make this magazine possible, so please be sure to patronize businesses that support this magazine with their advertising!

If there are businesses you patronize that aren't currently advertising with us, be sure to let them know how important Normandy Park City Scene is to you-and encourage their support.

Thanks to all of you who have shared with me your well wishes. Please don't hesitate to continue to communicate your ideas, suggestions-and criticisms. This magazine is here to serve you, and we need to hear from you how to make it serve the community's needs.

Peter Philips Publisher

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## From the Mayor

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City Hall Main Line 206-248-7603 Police Non-Emergency 206-248-7600

#### **City Hall Hours**

7:00am–5:30pm Monday through Thursday

#### **City Administration**

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Finance Director 206-248-8251

City Clerk 206-248-8248

Accounting Specialist 206-248-8247

Senior Planner 206-248-8249

Associate Planner 206-248-8260

Public Works Operations 206-248-8269

Public Works Engineer 206-248-8256

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Police Records Manager 206-248-7600

#### **Passport Office Hours**

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### Police Business

Office Hours 9:00am-5:00pm Monday through Thursday 9:00am to 3:00pm Friday





Mayor Pro Tem

## WHEN I JOINED THE CITY

COUNCIL IN 2008, Normandy Park was coming to terms with the drawn-out battle over the Third Runway at SeaTac Airport, issues of density and economic development along First Avenue South, and

diminishing financial resources. A new school, street and bridge reconstruction, polluted stormwater, group homes, public safety, damaging and dangerous storm events, medical marijuana, a multiple award winning subarea plan for Manhattan Village—all have been grist over the past few years for lively public discourse.

I recently was asked by a newly elected Councilmember of another city about Normandy Park's approach to obtaining public input on issues. While I responded that we suit participation to the situation and goal, I cautioned her not to assume public meetings are appropriate simply because that's what cities are generally accustomed. I told her about a public participation tool that Normandy Park used for envisioning a shared future that has been helpful for guiding decisions and prioritizing work of the Council. The Sightlines 2030 project, a community conversation with Normandy Park citizens during the summer of 2009, was designed to describe the future of the City that residents hope for and expect, and how Normandy Park citizens and leaders might achieve this future together. From June through August of 2009, we went out into the community and listened to residents about their views on important issues and opportunities. We set up booths and talked to people at community events and neighborhood locations, such as at Marvista Elementary School, the Fourth of July parade, Music in the Park, QFC/ Manhattan Village Shopping Center, and the Car Show at Towne Center. A meeting with business leaders and a citywide workshop were held. 225 people completed a survey that asked:

Imagine yourself standing proudly in Normandy Park in the year 2030. Or perhaps you are looking down at Normandy Park with pride from a small plane or hot air balloon. WHAT IS IT YOU SEE?

What do you most VALUE and APPRECIATE about Normandy Park?

What are the most important ISSUES facing Normandy Park in the future?

If you could do anything to make Normandy Park a BETTER PLACE, what would you do?

The feedback we received from residents helped shape the work plan and, ultimately, several notable accomplishments. A snapshot of the feedback and the results it led to.

**People love living here**. They make a conscious choice to live here for a wide variety of reasons, with

the most common being "it feels safe and secure", "it is so beautiful", "it has a small-town feel", it is a quiet, calm place" and "we love the community and the people".

The City teamed with the Normandy Park Community Club on the annual Fourth of July parade and festival, and created the economic development and communication citizen groups to creatively sustain community engagement and ramp up excitement for an economically and ecologically healthy Normandy Park.

**Safety and security** is a unique and valued feature of Normandy Park.

Normandy Park voters approved a ballot measure to keep high-level police and general city services.

There is a distinct lack of a **community** gathering place.

The plan for Manhattan Village includes provisions for a community gathering place, pedestrian-friendly streets, open space, and walking and biking trails.

People want a **healthy, vibrant retail sector** in the City.

The award-winning Manhattan Village Subarea Plan calls for a higher-intensity, mixed-use neighborhood center with a mix of retail, office, and residential uses, and encourages a diversity of services locally to Normandy Park residents.

There is a common interest in **keeping the "feel" and basic features that are the essence** of Normandy Park.

The Miller-Walker Basin Stewardship program was initiated to address degraded water quality, flooding, drainage problems, salmon habitat restoration, and improve public outreach and education.

The **park system**, **the trails and the sidewalks** are widely appreciated and highly touted.

Normandy Park voters approved a ballot measure creating a Metropolitan Parks District and funding for maintaining and improving parks, natural areas, and recreation.

Working infrastructure and thoughtful fiscal planning (coupled with a rational way to make hard choices) are important.

The City replaced the aging, unsafe Sylvester Bridge with 100% grant funding, while balancing the budget and putting money in reserves—all in the midst of the Great Recession.

I look forward to the New Year—working with the residents of the Normandy Park to making this place an even better place to live, work, and play. Please stay tuned into and engaged in the grist of your community. We are committed to communicating effectively with you. Together we make a positive, productive difference. Best wishes for a Happy and Healthy New Year!

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THE WINTER HAS COME ON EARLY

AND WITH RECORD COLD. That however cannot freeze out the community spirit of Normandy Park. Over 800 people attended the October 29<sup>th</sup> ZombieFest event and about 300 attend the cities first tree lighting event on December 7<sup>th</sup>. The businesses and residents continue to willingly share their time and resources to assure these events are so successful. The city staff also enthusiastically jumps in to support the effort. There are so many to thank it would take pages to thank them all. This Community loves to show its enthusiasm! It is a big part of what makes Normandy Park the special place to live, work and visit.

Since the last City Scene we have added two new members to the city team. In October, STEVE PASZTOR joined us as the Maintenance Supervisor to replace the vacant Maintenance Worker position. This position is a working supervisor and balances field work with administrative duties. Steve has already begun to provide much needed direction and leadership in all areas of the Maintenance Division and with the cities maintenance contractors. It has allowed the Maintenance Team to be more effective in providing day to day services to the community. Steve has a great amount of municipal maintenance experience. His career is spread across a few organizations including as SeaTac's first Maintenance Supervisor. We are very happy to have his expertise as part of the team.

The second member is Engineer MARYANNE ZUKOWSKI, Maryanne joined us in mid November. This position was originally budgeted for 2013 as a Public Works/Parks Director. In assessing how to best meet the short and long term service to the community it was clear that getting capital projects completed, actively pursing grant funds and assuring we are compliant with all regulations needing attention. The position was changed to an engineer to accomplish these goals. Maryanne has strong expertise in all areas of general municipal engineering and has a



Glenn Akramoff, City Manager

great amount of grant and capital project success. She also has local experience with the city of Federal Way. We are very thankful Maryanne has hit the ground at full speed.

Welcome to the team Steve and Maryanne!

In early October the City Council had their annual strategic retreat. As part of that event I was invited by City Council to share my goals for the upcoming year. I also have shared these at the "Meet the Manager" events that I hosted in various venues throughout the fall. These goals will certainly take more than a year to fully implement and the team and I will focus on them heavily in 2014. These cover key areas that the City Council, as well the community has identified as in need of improvement. Those goals are:

 Create and implement an effective inclusive Communication Plan
 Implement a sustainable financial strategy for Normandy Park
 Fully utilize all Normandy Park assets
 Improve and utilize relationships for



**Plan** that provides the core community identified services

5. Develop a Strategic

mutual benefit

6. Provide world class service through a world class staff7. Fully leverage technology to provide services

The fall has been a very busy time for the city. This has lead to cautious optimism about the financial future of Normandy Park. Permits continue to come in at a higher

than expected rate; this includes both commercial and residential activities. The economic development efforts over the last two years are beginning to pay dividends. To further improve the financial picture, the city has been awarded two grants for 2014, one for the asphalt overlay of 208th street from Marine View Drive to 1st Ave and the second for the Department of Ecology for designing two low impact development projects. The projects are located on Normandy Road from 1st Ave to Nist Park and one in the retention pond at Nature Trails Park. The entire staff has been working diligently on improving city services in the last few months. The results of these efforts have already been showing up directly in our customer interactions. You can expect those impacts to continue in 2014.

Speaking of 2014, we take some very hard learned lessons from 2013 into the New Year. It is with those tools and that knowledge that we can continue as a community to move forward. I want to share a favorite quote of mine that seems to fit Normandy Park for 2014:

# *The best way to predict the future is to create it.*

- PETER DRUCKER



Top-left: Mayor Brant administered oath of office to Des Moines Municipal Court Judge Alicea-Galvan Top-right: City Manager Akramoff presented Mayor Brant certificate of

appreciation for serving 8 years on City Council

Bottom-left: City Manager Akramoff presented Council-Elect Tom Munslow for his years of service with the Planning Commission Bottom-right: City Manager Akramoff presented Councilmember Rankin with

certificate of appreciation for serving 20 years on City Council

## Council Wrap-up

The last Council meeting for 2013 was held on December 10th and began with several presentations. The first was the ceremonial oath of office for the Des Moines Municipal Court Judge Veronica Alicea-Galvan which was administered by Mayor Brant followed by a State of the Court address. The second presentation was regarding county court redistricting boundaries by District Court Judge David Christie. The third presentation was from Tom O'Keefe, the owner of Normandy Park Towne Center. Mr. O'Keefe brought the City Council a proposed floor plan and requested consideration of moving city hall offices to his facility. The Council responded with a request for more information on the potential economic impact to the other businesses if city hall were to relocate temporarily. The final presentation was from City Manager Akramoff to recognize volunteer services from Planning Commissioners Tom Munslow and Fred Bowser, Arts Commission David Leaming, City Council Member Marion Yoshino, Clarke Brant and John Rankin. Colleagues, Staff and Citizens gave standing ovations to the volunteers.



## Check out our blog www.healthyconnectionsblog.com

## Council Corner



## CONTACT YOUR CITY COUNCIL



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Stacia Jenkins 206-779-9540 Stacia.Jenkins@ ci.normandy-park.wa.us



Tom Munslow 206-824-5454 Tom.Munslow@ ci.normandy-park.wa.us



Susan West 206-818-6945 Susan.West@ ci.normandy-park.wa.us

#### MONTHLY MEETING CALENDAR

Council Meeting 2nd Tuesday, 7:30pm Council Study Session (if necessary) 4th Tuesday, 7:30pm Arts Commission 1st Tuesday, 7pm Metropolitan Parks District 2nd Tuesday, 7pm Civil Service 3rd Tuesday, Noon Park Commission 3rd Wednesday, 7pm Planning Commission 3rd Thursday, 7pm

#### by Councilmember Stacia Jenkins

#### THE 60TH ANNIVERSARY year of

Normandy Park is a wonderful time to reflect on the achievements of our City, where we are today, and our vision for the future. In the City Scene, we have the opportunity to share memories from longtime residents, of families raised, grown, and perhaps returned to raise a new generation, or two. We know our City has weathered many storms, primarily financial, and adapted to the changing requirements, regulations and revenue streams from our County and State government. Today, the City Council is pleased that we are on a sustainable path, yet also looking closely at our challenges and the responsibility to plan ahead, so future generations will also be proud to call Normandy Park home.

At 60 years, Normandy Park has a lot to be proud of - beautiful parks and homes, a strong feeling of connection to our environment and community, and amidst significant socioeconomic diversity, the city's residents have an average income and education level well above the County and State average, and an overall high quality of life.

Yet when we look at Southwest King County as a whole, a much larger share of the poorest residents live in our region than anywhere else in the County outside of Seattle, and an astounding 20% of households live in poverty. According to the Regional Equity Assessment recently published by the Equity kNOW partnership of King County and Futurewise, "the areas of King County with the most diverse population, lowest income households, and lowest rates of English proficiency are concentrated primarily in South Seattle and the Southwest subregion of King County."

While Normandy Park improves our parks with new playground equipment and natural habitat restoration, our surrounding communities have a significantly lower access to recreation and a less healthy environment. While we look forward to the opening of the Normandy Park Market and its promise for fresh and organic foods, many neighborhoods around us lack sources of healthy, affordable food.

We do not have to accept the inequities in Southwest King County as perpetual, and we cannot afford to ignore it, economically, and from the perspective of social justice. King County and the Puget Sound Regional Council have committed to a comprehensive approach and integrated efforts to achieve equitable opportunities for all people and communities. Thoughtful economic development and planning will benefit South King County over time.

Our region's future also depends on how well we prepare young people for tomorrow's careers, to attract high quality jobs to our area with a well-trained and educated workforce, and keep our communities intact by retaining those workers in our own cities. Normandy Park has been fortunate to recently welcome Dr. Susan Enfield, both as a city resident and the Superintendent of Highline Public Schools. I've heard Dr. Enfield say, "Poverty is not a learning disability", and her commitment to achievement for ALL students, regardless of ethnicity, country of origin, or income level, is noteworthy. I was proud to serve on the school district's Core Planning Team last year, which helped develop dramatically bold goals and strategies for improved graduation rates, academic competency, and special emphasis on math achievement, technology literacy, and preparing students for a global economy. I urge our residents to follow the district's progress on these goals, and to support upcoming capital and technology funding needs.

As the Puget Sound region is expected to grow in population by more than 30% before our city's 100th anniversary, we must plan ahead for the next generations, to preserve the quality of life we enjoy in Normandy Park today, and to help improve that of our neighbors. In 2014, the City Council and staff will be developing a financial strategy for significant upgrades to our community center and city hall facilities, roads and sidewalks. We are working toward high quality development in the Manhattan Village Subarea, and look forward to the 2016 opening of the Sound Transit Angle Lake Station, with its light rail access to downtown Seattle and UW, and to completion of the Lake to Sound Trail, a 17-mile walk and bike path from Renton to Des Moines.

We are continuing community events like Concerts in the Park, Arts Festival, the 4th of July Parade, and Holiday Bazaar, as well as starting new ones such as Zombiefest, Winterfest, and a community picnic and Sustainability Fair in June. Residents are needed to support these events with volunteerism and attendance, so please keep reading your City Scene magazine for updates, and together, we'll have many happy new years in Normandy Park!

## Winterfest Brings Holiday Spirit to the Park!

#### By Susan West

Councilmember and Chair of the Normandy Park Economic Development Committee

HOLIDAY SPIRIT FILLED THE AIR on December 7th as carolers and Santa visited Normandy Park's Manhattan Village and Normandy Park Towne Center. The day began with holiday shoppers visiting the Normandy Park Arts Commission's Yule Arts Bazaar at Manhattan Village, the Holiday Bazaar at the Cove, the John Knox Community Faire and many others in the area. Families also gathered at the Manhattan Village QFC for free cookie decorating and to hear the Mount Rainier High School Choir sing beautiful holiday songs. Santa Claus also paid special visits to QFC and the Yule Arts Bazaar, which featured festive singers and musicians.

While festivities continued at Manhattan Village, members of Normandy Park's Economic Development Committee were busy preparing for the community's first-ever tree lighting ceremony at Normandy Park Towne Center. During the week, committee members harvested a 23-foot Douglas Fir which was donated by Normandy Park resident Marian Peterson, built a tree stand, created wooden and card board presents to place below the tree, and put the beautiful tree up at Normandy Park Towne Center for everyone to see. Thank you to committee members Paul Cooke, Councilmember Shawn McEvoy, Gerry Osgood and Councilmember-Elect Tom Munslow! City Manager Glenn Akramoff and staff put the lights which were donated by Ace Hardware on the tree. Thank you!

By 4:30 p.m. the festivities at Normandy Park Towne Center began. 300 people gathered and braved freezing temperatures to enjoy holiday music, free candy canes and prizes from Republic Services, Ace Hardware and the Economic Development Committee, along with coffee and tea donated by Starbucks, and cider donated by Republic Services. It even snowed thanks to Patti Gifford of Keller Williams Realty who rented a snow machine. It was so cold that the snow stuck!

At 5:00 p.m., Normandy Park Mayor Clarke Brant welcomed everyone and began the countdown for the tree lighting, which drew cheers from the crowd. Then Santa Claus appeared thanks to transportation by Normandy Park Police. Santa posed for photos inside an adjacent building that was festively decorated with a big red chair, garland and lights, while the Marvista Choir Club and Mount Rainier High School choirs performed. A chilly, but very festive evening.

We also want to thank the Friends of Normandy Park Foundation for purchasing yard signs, Print Place in Des Moines for providing flyers, Sara Chapman of Art Squad Graphics for designing them, Marty Sparks and Linda Maza-Sparks for running the audio at the event, Dan Satterberg for letting us borrow his PA



#### Check out some scenes from Winterfest on page 28!

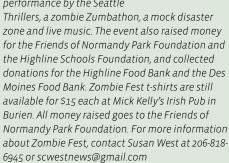
system, Chief Chris Gaddis for taking photos, Lynn Smith and her husband for helping with clean-up, Amber Nichol for creating signs, Kay Goucher and Patti Gifford for running the cookie decorating station, the QFC team for donating the cookies and frosting, Rick Chapman of BHHS Northwest Real Estate for providing a tent, and Tom O'Keefe for providing a wonderful setting for this special tree lighting event and indoor space for the Santa photos.

This was a true community effort and we couldn't have done it without the hard work and support of so many residents, businesses, the City and the Normandy Park Economic Development Committee. The committee has worked on this event for over a year and it was exciting to see it become a reality. If you would like to help with Normandy Park's Winterfest next year or become a member of the Normandy Park Economic Development Committee, contact Susan West at 206-818-6945 or scwestnews@gmail.com

Thank you everyone, Happy Holidays and we look forward to Winterfest 2014!

#### **MORE THAN 800 PEOPLE**

**ATTENDED** the 2nd annual Zombie Fest at Normandy Park Towne Center. The event featured a Zombie costume contest, a performance by the Seattle



- 1. The Seattle Thrillers did their annual performance at Zombie Fest
- 2. The winners of the Zombie Fest 2013 costume contest 3. Make-up artists from Seattle's Champion Party Supply
- created scary faces!
- 4. Lots of creative costumes at Zomie Fest 2013



# Pea Patch Lotto

Submit your name and number to City Hall by February 4th, 2014

## PEA PATCH LOTTO ENTRY FORM 2014

Name:

Contact Phone Number:

One entry per household. Drawing will begin at 1pm, Monday, February 4th, 2014 at City Hall. Need not be present to win. Rental payment due 3 days following each drawing.

**A LOTTERY TYPE PROGRAM** was initiated in 2009 for the purpose of randomly selecting the eligible gardeners and gardening plots participating in the Pea Patch Program. The City encourages family members and friends to share in a garden so that everyone has an enjoyable experience. The pea patch area is located behind the Public Works Building at Marvista Park. The area is tilled by the City prior to April 1<sup>st</sup> and again at the end of the season.

The sixth annual Lotto Drawing for the 2014 Pea Patches is now open. If you are interested in an opportunity to be a Pea Patch participant for the 2014 growing season (April 1<sup>st</sup> through October 31<sup>st</sup>), please cut out the Pea Patch Lotto Entry Form and submit to City Hall no later than 1:00 p.m. on Tuesday, February 4<sup>th</sup>. One Pea Patch space will be offered in the sequence drawn beginning at 1:00 p.m. on Tuesday, February 4<sup>th</sup> at City Hall. Each winner will be given three business days to file the user agreement forms and \$35.00 payment at City Hall. Complete program information is available in the City Clerk's Office at City Hall, 801 SW 174th Street, or phone 206-248-8248.

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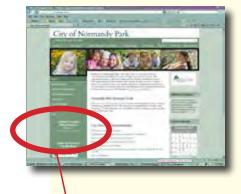
Normandy Park Municipal Code (NPMC) 6.04.020 requires all dogs over six months of age kept within the city to be licensed through the City of Normandy Park. A dog license is valid for one year from the date of issuance, expiring on the last day of the twelfth month. City residents 65 years of age or older may purchase a special permanent license for the lifetime of a spayed/neutered pet for which they are the registered owner. Applications are available at City Hall, on the City's website in the document library and can be emailed or mailed upon request by calling 206-248-7603. Complete animal regulations are online in NPMC Title 6.

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\$48 Dog/Cat: male or female \$15 Dog/Cat: spayed or neutered \$20 Sr Citizen (65 and over) Lifetime Pet License \$10 - Late fee \$2 - Replacement of lost tag



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Contact Debbie Burke, City Clerk with any questions regarding the e-Notices at 206-248-8248 or debbieb@ ci.normandy-park.wa.us

## CITY OF NORMANDY PARK **Primary Snow Routes Map**

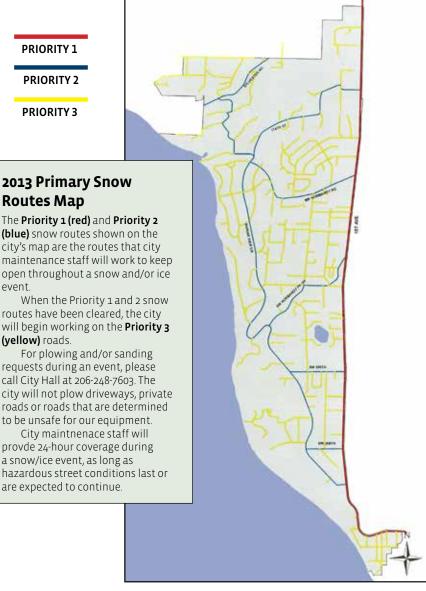
PRIORITY 1 PRIORITY 2

**PRIORITY 3** 

**Routes Map** 

event.

(yellow) roads.







## June Rosentreter-Spence Award

Prior to becoming City Manager, Glenn Akramoff led the Washington State APWA Operations and Maintenance Committee. A subcommittee of 5 members was formed in 2010 to resurrect the equipment rodeo competition that once existed in the '80's and '90's in an effort to bridge the gap between the engineers, managers and front line maintenance workers. The Committee has grown to eleven and the event is held every year during the Fall APWA Conference. The resurrected program was a huge success and has become a standard event at the Fall Conference. Subcommittee

Top: City Manager Glenn Akramoff, SeaTac Public Works Supervisor Shawn Clark and Covington Construction Inspector Dan Wesley. Bottom: Operators must navigate a figure eight with a drainpipe during the Front End Loader event members Dan Wesley (Covington), Shawn Clark (SeaTac) attended the November 10th City Council meeting to present the 2013 APWA June Rosenstreter-Spence Award to City Manager Akramoff which was announced

in October for the re-development of a RoAdeo Program for recruiting and recognizing Maintenance Workers in the Profession of Public Works. Two other subcommittee members, Patrick Zeller (Renton) and Brian Smith (New Castle), were unable to attend.

The RoAdeo consists of three separate timed events on three pieces of maintenance equipment. One is the Front End Loader where the operator must pick up a drainpipe and navigate a figure eight without touching course cones. Another is a truck with sander and plow navigating a series of narrow obstacles both forward and in reverse. The Operator is required to touch some course cones while missing others, ie: snow bank, and avoid mocked parked cars. The last event is picking up a weighted ball with a backhoe by a chain and tossing inside a bucket, like basketball. You can view some of the 2011 action at Yakima finals on an 8-minute youtube video: http://www.youtube.com/ watch?v=mRoiPvCHIoU

The first year, Wilson Fleet was the lone Sponsor. They have since retained more than a dozen vendors to sponsor the RoAdeo and a couple vendors have committed to help send a Team to the national competitions in Colorado. The APWA Operations and Maintenance Committee is working on new maintenance training and curriculum tracks for national accreditation.



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## Welcome Home

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Choose from Studios, one-bedroom and two-bedroom apartment homes, each with spacious bathrooms and an emergency communication system for your security.

## Memory Care

Responding to growing community needs, construction is underway to offer Today's Memories, our centerpiece of services for those with memory impairment including Alzheimer's disease and other types of dementia. Services will include residential care, adult day care, and adult night specialty programs. Opening Fall 2014!

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NP Schools



## Seeking Career Pathway Partners

By Rexanne Graham Assistant Director Office of Communications Highline Public Schools

Highline is looking to build partnerships with businesses, industry leaders, and community members in order to provide relevant career exploration and preparation for every student. This month, Highline invited business and community leaders to discuss opportunities to share their expertise with students.

"Giving students access to you, your ideas, and your workplace is a great tool and resource for students at Highline," Alaska Airlines VP of Human Resources Tammy Young told the audience.

Young challenged community and business leaders to take an active role in the education of our students, saying the community has a responsibility to help.

Attendees learned about the many ways business and community members can be involved in educating students. The menu of opportunities includes everything from being a one-time guest speaker in a classroom, to hosting job shadows, to providing internships, and more.

Recent Global Connections

High School graduate Lou Vargas reflected on his involvement in Career Technical Education (CTE) programs while in school, saying it helped him gain professional employment after graduation.

"I didn't just learn from teachers while in school, I also learned from business professionals," said Lou. "The impact goes beyond the student, it extends into the family. These programs make the biggest difference."

An array of business and organizations participated in the event including Boeing, Port of Seattle, Seattle BioMed, Seattle City Light, South Seattle Community College, Big Idea Zoo, Planned Parenthood, and the Cities of Des Moines, SeaTac, Seattle and Tukwila.

"I believe in helping young girls, especially girls of color, have the opportunity to see themselves as a judge," said City of Des Moines Municipal Court Judge Veronica Alicea-Galvan. "Education is the great equalizer, and I want help these students achieve their goals."

If you are interested in joining this community partnership, please contact Royce Badley at royce.badley@highlineschools.org.



Community members brainstorm ways they can help students.



Alaska Airlines VP of Human Resources Tammy Young challenges the community to participate in Highline student's education.



## Marvista Principal Update

CASEY JEANNOT WILL SERVE AS INTERIM PRINCIPAL at Marvista Elementary School starting January 6 through the end of the school year. Leslie Perry will conclude her role as interim principal at the start of winter break. "I want to thank Leslie for her willingness to interrupt her retirement to step in at Marvista this fall," said Superintendent Susan Enfield. "Her leadership and experience have served the Marvista students and community well and are much appreciated."

Ms. Jeannot is currently assistant principal at Cedarhurst Elementary. She has been with Highline Public Schools since 2002 and has held leadership positions at Southern Heights and Hilltop elementary schools.

In January, Highline Public Schools will implement a search for candidates for Marvista principal. It is anticipated that candidate interviews will be complete by the end of March and a new principal will be in place for the 2014-15 school year.

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**Keep your eyes** open for the **Normandy Park Police Department** 2013 Annual Report to be released in February of 2014.

### CHIEF'S MESSAGE

WELL WE HAVE MADE IT THROUGH ANOTHER HOLIDAY SEASON, and hopefully you were able to spend some quality time with your family and friends. I also hope you were able to participate in some of the wonderful activities that have taken place over the last couple of months. Some of you may have remembered my community centric "Chief's Message" in the last City Scene Magazine. An involved community is a much safer community and I truly believe the more everyone participates in the revitalization of Normandy Park, the better this City will become. You may question how participating in the Normandy Park Winterfest event can make our City safer, but it is absolutely the truth. When we get out of our shells and interact with our fellow citizens we start a dialogue. When you start a dialogue, you can find

common ground. When you know your neighbor, you will look out for that person because of your shared experience. When you are looking out for your neighbor, you may observe suspicious activity that you will report to the Police.

There are many safety tips that I could go into and ways to prevent crime, but I just want to relay one theme for the future. For 2014 and beyond; "Let's look out for each other." I can ask you to slow down, I can ask you to be prepared and I can even ask you to be more diligent about locking your doors, but I think peer pressure works the best. If you can be that extra family member for your neighbor, if you can be that extra set of eyes

for the Police Department, or even become more involved in what is going on at City Hall you will have a much more rewarding experience in Normandy Park.

Finally, I wanted to take a few extra moments to thank the Citizens and Visitors of Normandy Park for allowing us the ability to provide a service to you. There is a reason why we have such longevity in our Police

Department. It is not because of the pay, or the action; it is truly location, location! Thank you very much for the opportunity to serve in such a wonderful City.

Welcome to the NPPD newest Reserve **Officers: NATE BETTS.** KYLE MCBRIDE and MIKO TEMPSKI. 

...the more everyone participates in the revitalization of Normandy Park, the better this City will become.



# Citizen Award

ON DECEMBER 7TH. THE NORMANDY PARK POLICE DEPARTMENT presented a Meritorious Service Medal to Tim Lau. Tim actually lives in the City of Burien, but he was instrumental in helping the Normandy Park Police Department address a very serious problem. With Tim's help the Police Department made dozens of arrests in the north end of our City. These arrests ranged from misdemeanor and felony warrants to drug possession, theft and burglary. This was a great partnership and Tim is a model for other citizens on how to get involved to solve problems.

The following is the citation to accompany the Meritorious Service award written by Officer Jeremy Hedrick: I would like to take this opportunity to nominate Timothy E. Lau for a Meritorious Service Medal for excellence in crime awareness and prevention.

Although Tim and his wife, Nancy, technically live in Burien (they are literally on the boundary line), Tim has went above and beyond his duties as a citizen in order to prevent crime in Normandy Park.

Tim did not stand idly by as a nuisance house on his street began to bring a steady stream of drug addicts and felons into his neighborhood. Instead, Tim took a stand, even though he knew there may be retribution against him from these criminals. Tim saw drug deals being made directly in front of his house on a regular basis, and was even forced to stay inside his house one night during a SWAT standoff with a violent suspect across the street. Stolen vehicles and drug

paraphernalia were constantly being found scattered along the road.

Tim rallied his neighbors together to begin a neighborhood block watch, which brought them all together as a community against the one house that was a plague to their otherwise ideal street. The neighbors would communicate any potential problems via email or phone. Tim began calling in suspicious people and vehicles to the Normandy Park Police Department on a daily basis, and other neighbors began to as well. Tim installed surveillance cameras and was able to send pictures of suspicious subjects and vehicles to officers on a regular basis, and he regularly recorded license plates to help with investigations.

Tim was soon a first

name basis with nearly every officer in the Normandy Park Police Department, and would often times send officers text messages about suspicious activity

OFFICER HAYES graduated from the 1st Line Supervisors school at the Criminal Justice Training Center

when he felt dispatch was too busy with other calls.

I would estimate that Tim's information has lead to dozens of arrests ranging from narcotics, fraud and stolen vehicles to felony warrants and recovered weapons.

I am pleased to be able to say that the problem house is now vacant and bankowned, soon to be sold at auction. This is because of the diligent work by Tim, Nancy, and all of the neighbors on 8th Avenue SW, which allowed Normandy Park Police Officers to seemingly appear out of thin air every time a criminal turned onto the street.

This is a textbook example of community policing at work, and a testament to what can be accomplished when astute citizens and proactive police officers work together on a problem.

I highly recommend that Timothy Lau be considered for this accommodation. His tireless efforts have significantly reduced the volume of crimes being committed in that area of Normandy Park and Burien.



Officer Hedrick speaking with Program Manager, Dr. Steve Lettic

## Department of Defense Tactical Social Interaction Class

Earlier this year, Sergeant Brian Sommer and Officer Jeremy Hedrick attended a pilot program for a new kind of training called Tactical Social Interaction. The school was created by the Defense Advanced Research Projects Agency (DARPA) primarily to help United States soldiers better relate to people in the changing battlefield environment. The Washington State Criminal Justice Training Commission (WSCJTC) saw an application in local law enforcement so they opened the training to a select few departments. Normandy Park was chosen to participate in the pilot class because of our community oriented outlook on policing. The instructors were very impressed with Brian and Jeremy's performance and leadership skills during their initial training. After completing the seven day training class, they were asked to co-teach the next Tactical Social Interaction Class for the Department of Defense at Joint Base Lewis-McChord (JBLM).

Sergeant Sommer and Officer Hedrick have also been asked to teach this class in San Diego, CA for the Department of Defense in mid-January. It will be up to the Department of Defense to determine if there is enough funding to continue this program. Sgt. Sommer and Ofc. Hedrick noticed a great improvement in the students skills throughout the week long training. The students are all military members. It is possible this training will be open for all Washington law enforcement agencies as well.

continued on page 16



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Remember to TEST FIT YOUR CHAINS ON A CLEAR, DRY DAY. It will be much easier to install during the middle of a storm if you have had practice putting them on. The CJTC is covering any extra costs to the Department so our Officers can instruct this training with no noticeable impact on the Department. JBLM was also nice enough to allow our Police Volunteer, D.C. Lescault to tag along during the training. D.C. took a lot of pictures and as a lot of you already know will be writing a detailed report about his involvement with Normandy Park Officers. The CJTC will also be using D.C.'s write up to "sell" the class to other agencies.

This is a very impressive thing to have on one's resume and I would personally like to congratulate Brian and Jeremy for their hard work and dedication to providing the best level of customer service to the citizens and visitors of the City of Normandy Park. I would also like to thank D.C. for his work with the Police Department. D.C. does not get paid for this work and in fact has to take time off from his real job to participate.

## Normandy Park Police Substation

The Normandy Park Police Department would like to announce the opening of the first ever Normandy Park Police Substation.



Plus tax & hazardous waste disposal fee. Synthetic oil, heavy duty trucks & some models additional. PLEASE PRESENT COUPON when service order is written. Cannot be combined with any other coupons, discounts or specials. EXPIRES 12/31/14

OFFICER HEDRICK assisted the Duvall/ Carnation PD with a shooting investigation; his work led to the confession of both suspects.

The property owner of

Normandy Park Towne Center, Tom O'Keefe, has graciously provided office space for our Officers to use during their shift. This is at no cost to the City of Normandy Park. The Substation address is 19803 1st Ave S. Suite 200.

The main purpose of our Substation is to give our Officers work space in the field. This will allow them to remain a presence on 1st Ave, especially during the construction at Towne Center. We will also be using the space to put on community briefings and trainings.

The Substation will not be staffed 24/7. Our Community Service Officer, Dave Bond, will be stationed there (calls for service permitting) every Tuesday from 2:30–5:30 PM. Feel free to stop in if you see an Officer on site.

The Substation will also be featuring work by local artists thanks to the Normandy Park Arts Commission and Tom O'Keefe. The walls are bare now, but they should be looking good soon. Stay tuned to the Normandy Park Police Department social media sites for more information.

## Commendation of Honorable Service

On November 28th the Normandy Park Police Department took a report of a missing couple from an Adult Care Facility in town. The couple suffered from dementia and we were concerned for their safety. The local news media were contacted and luckily there was one very observant lady who was working at the Pink Elephant - Chevron in Tacoma.

The couple pulled in to the Pink Elephant Car Wash early in the morning, about 14 hours after leaving the Adult Care Facility. The woman went inside to ask for a restroom and she was advised by the clerk there wasn't one available. The couple bought a little bit of gas and left the gas station. A few minutes later the couple came back and the woman asked for a restroom again. The clerk recognized the couple from a broadcast news story earlier in the evening. She was able to get the license plate of the vehicle and convince the couple to sit inside the business and have coffee. She then called the police and Tacoma PD confirmed that they were a missing couple from Normandy Park.

We would like to thank the clerk for her help that morning. Susan McConnell will be receiving a Commendation of Honorable Service letter and a \$25.00 gift certificate from the Police Department. Susan could have done the easy thing and not gotten involved, but she called 911 and possibly saved the lives of two Normandy Park residents.



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Dr. Shahrasbi

## "My job is not just about restoring teeth. It's about improving people's lives."

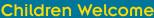
My goal is to provide the most effective treatment possible. The greatest reward is seeing the same patient's years later, still finding great satisfaction with the function and appearance of their teeth. That makes all the effort worthwhile.

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- Maxillofacial Prosthesis
- Teeth Whitening
- Pediatric Dentistry





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ONE CHARACTERISTIC THAT MAKES NORMANDY PARK A BEAUTIFUL CITY is the variety and abundance of trees. Trees generate many benefits: environmental, aesthetic, economic, psychological and social. In fact, without trees, we would not exist as we do today. Trees require care to deliver these benefits, as they are living, breathing organisms with more similarities to us than one might think!

Environment

So how are trees similar to humans? Trees are made up of cells, tissues and organs. Cells with similar structure and function are arranged into tissue, such as bark and wood, and as cells divide, there is growth. Trees have five organs: leaves, stems, roots, flowers and fruit. Like humans, trees require water and minerals for survival and carbohydrates are an important nutrient in their diet. Unlike humans, however, trees produce their own carbohydrate as food, taking in sunlight, water and carbon dioxide and releasing oxygen into the atmosphere, which of course we need to survive.

Trees have a system of defense. Bark is their protective skin, encasing the more sensitive tissue inside. They also secrete chemicals that can resist insects and pathogens. Trees also sweat, in a process called transpiration, the loss of water from leaf surfaces; this process helps move water up the tree, called transpiration pull. And, did you know trees sunburn just as easily as we do?

What care is required to keep trees in good health? Just as we benefit from preventative care, so do trees. Preventative care or maintenance can include pruning, thinning and removing dead wood. This care will maximize tree benefits while



minimizing tree hazards. Waiting too long before attending to tree maintenance can be costly and potentially hazardous to people, animals and property in close proximity. A proactive approach to tree maintenance requires knowledge of the specific timing and techniques for various tree species to avoid damaging the tree.

Arborists are specialists and professionals in the care and maintenance of trees, knowing exactly where, when and how to prune or make specific cuts, treat and care for the overall health of the tree. An arborist, with



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Left: Steve removing a hazard tree for the city of Normandy Park Top-right: Public Works Jeremy McGinnis helping out Bottom-right: Police Officer Brian Norris on traffic contol

a comprehensive understanding of tree biology, is able to devise a system of care (arboriculture) for any tree or project.

A few things to ask and keep in mind before hiring someone to care for your trees:

Are they professional arborists? Are they licensed, bonded and insured?

Do they spend time helping you understand what is best for your trees?

Do they explain the work process to you, the how, when and the why?

If tree climbing is required for maintenance, how do they climb? Spurs (spikes that penetrate the tree's protective skin causing injury) or ropes and mechanical ascenders and descenders?

Do they explain the importance of timing for pruning, particularly with blossoming stone fruit trees? Are their pruning tools sterile (disease can be transferred from tree to tree through equipment)?

Do they have positive reviews/references? Watch for the next article. Until then, enjoy the trees!

Stephen Higgins is an arborist living in Normandy Park. Feel free to give him a call at 360.271.1618 or visit his website www. lgtreecare.com

## **Chilly Salmon Investigators!**

Fall was a cold time for this year's Community Salmon Investigation (CSI) volunteers. The numbers of coho and chum returning to spawn in Miller and Walker creeks were much lower than the last two years. But that didn't keep almost 30 volunteers from walking the creeks every day from early October through mid-December!

The results of the 2013 spawning season are being compiled and analyzed, and will be presented to the community on March 20th at the Cove, 6:30–8:30 p.m. Another event will be held in Burien; stay tuned for that date. Meanwhile, keep your streams messy with vegetation and free of pollution, and we can help plenty of young fish survive to come back in future years.

For more information or to volunteer in 2014, contact the Miller Walker Basin Steward, Elissa Ostergaard, at (206) 477-4792 or **elissa.ostergaard@ kingcounty.gov**.

Right: Volunteers Roger Neubauer and Michael Roedell check for adult salmon on Miller Creek in icy conditions on December 9, 2013.



PHOTO BY JOY NEUBAUER

## Walker Preserve Volunteers Pull Together!

Nineteen able-bodied folks pulled a huge amount of ivy off the ground in the preserve last November 16th. The sun shone on the approximately 1200 square feet that was cleared. It was wonderful to have elementary and middle school aged students working along side parents and grandparents. The group worked at a steady pace and in the end felt a deep sense of accomplishment. Join us for one of the remaining pulls from 9 a.m. to noon on January 11, February 8, March 22, April 19 or May 10. Contact Basin Steward Elissa Ostergaard at 206-477-4792 or elissa.ostergaard@kingcounty.gov to get on the volunteer contact list! —Ron Ebbers, Parks Commission Chair



Volunteers of all ages spread out to pull a thick layer of ivy out of trees and off the ground on November 16, with occasional jaunts to the creek to look for spawning salmon.



The November 16 Walker Preserve ivy crew pulled ivy for 3 hours, which will allow Pacific bleeding hearts and other flowers to flourish next spring.



Learn more about the workshop at: www.youtube.com/watch?v=UzCzBf1SXS8

## Free Auto Leaks Workshops

Drivers can learn basic car care and get an oil-leak inspection at free auto leaks workshops offered by the Department of Ecology and Seattle Public Utilities. In addition to the professional inspection, the classes, valued at \$125, will cover how to check basic car-care systems, vital fluids, belts, hoses, filters and much more.



Choose from these upcoming locations and dates:

- Renton Technical College: Dec. 7, Jan. 18, Feb. 1, Feb. 15, Mar. 1, Mar. 15.
- South Seattle Community College: Dec. 14, Jan. 18 & Feb.15
- West Seattle High School: Jan. 11, Feb. 8, & March 8.

#### Register today at: www.fixcarleaks.org

## Parks & Recreation

## Des Moines/NP Activity Center Celebrating Fun, Friendship and Feeling Fit



**DES MOINES/NORMANDY PARK ACTIVITY CENTER** specializes in creating a sense of community for older adults in the communities of Des Moines and Normandy Park by collaborating with community partners to provide programs and services that enhance the experience of being an older adult and meet successful aging tactics: maintaining physical and mental well being, building and maintaining relationships and participating in lifeenriching programs.

## Maintaining physical well-being!

## DANCE FOR PARKINSON'S Des Moines Activity Center

Mon, March 3–21 2–3:30pm \$5 suggested bonation Designed for individuals with movement disorders – stretch and strengthen your muscles, focus on balance and rhythm and learn how to use your thought, imagination, eyes, ears and touch to control movement while enjoying live music. www.nwpf.org/Programs. aspx?Event=313. To register call 877-980-7500

#### ENERGY YOGA Normandy Park Cove Mon, March 24 1–2pm

Mon, March 241-2pm\$36/6wksRelease stress and re-direct energy to gain better health and a sense of well being.

### KIGONG

#### Des Moines Activity Center Thur, Feb 27 5:30–6:30 \$36/6wks New Time

Regain energy while learning to relax, reduce stress and improve joint strength, balance and range of motion.

#### NEW ENHANCE FITNESS Des Moines Field House Monthly, Tue/Thur/Fri 8-9am or 9:30-10:30am Fees vary by month

This award winning program features fun, dynamic cardio vascular exercises, strength training and a focus on balance and stretching.

#### NEW MEDITATION Des Moines Activity Center

Wed, Mar 19-April 9 1-2pm \$32 Enjoy a sense of calm, peace and balance that benefits both your emotional well-being and your overall health.

#### ENJOY A DINING EXPERIENCE Des Moines Activity Center Mon-Thurs 12pm \$3

Mon-Thurs 12pm \$3 Suggested donation age 60 & better

Features a good nutritional meal seasoned with companionship and spiced with bubbling laughter and warm memories! Offered in partnership with Catholic Community Services.

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Monday-Friday
9am-4pm

#### SENIOR COED SOFTBALL LEAGUES

Practices Tu/Th April Games Tu/Th May 1-early Aug, Game Times 10am Practices & Home Games: Steven J Underwood Memorial Park Away League Games:

Fields throughout King County. Now recruiting avid softball players for Des Moines' recreation coed softball team for adults age 50 & better! Player fee ranges between \$20-\$40 (determined after sponsor

## Gain a sense of community, build and maintain relationships

deadline.) Call 206-878-1642 for details.

#### SENIOR DANCES

**Des Moines Activity Center 4th Sundays Feb-October 2014** \$5+potluck refreshment Live music with Randy Litch!

1–3pm

#### **DROP-IN AND BE PLAYFUL!**

Lively drop-in activities will fill your day with companionship and joy! Choose from Hand & Foot Cards, Mexican Train, Pinochle, Mah jongg, movies and more.

#### VOLUNTEERING

Give back to the community—and feel good too! A variety of volunteer shoes are available to fill from kitchen and office aides to drivers – let's find a good match for you!

### Life Enriching Programs

AARP SMART DRIVERS COURSE

Des Moines Activity Center

• Tu/Wed, Feb 18/19 10am-2pm

\$15 AARP Member/\$20AARP Non-member

• Tue/Wed, April 15/16 10am-2pm \$15AARP Member/\$20AARP Non-member

Classroom environment focused on making you more aware of how to be safer on today's streets and highways.

## **Mobile Computer Workshops**

#### SOCIAL MEDIA Des Moines Activity Center

Thur, Feb 6 11-11:45am

Discover how you can keep up to speed with grandchildren and other distant relatives through Facebook, Skype and FaceTime!

#### INTERNET BASICS Thur, Feb 6

Thur, Feb 6 1-1:45pm Learn the vocabulary, explore how to find websites, understand services and security and get useful tips on how to achieve useful results.

#### NEW BRAIN EDUCATION Des Moines Activity Center

Wed, Feb 12-March 51-2pm\$32Strengthen the mind-body connection with<br/>a combination of physical and cognitive<br/>exercises. Learn strategies for memory reten-<br/>tion, making effective behavioral changes and<br/>working smarter not harder.\$32

## HOLIDAY GLASS PLATE WORKSHOP at Artist Studio

Sat, Feb 22 1–4pm \$50 Make your 11" fused glass plate for the holiday of your choice. Materials provided.

## Trips out with us near and far!

Mariners Spring Training<br/>Autumn in New EnglandMar 12–19 2014Cuba-A Cultural ExplorationOct 1–7 2014Local day trip destinations include enjoying a<br/>SilverSounds Northwest Concert and the Lion<br/>King at the Paramount; dining at The Kingfish<br/>Southern Cuisine Café in Seattle and touring<br/>Fort Nisqually Living History Museum, the<br/>Chateau St Michelle Winery and Snoqualmie<br/>Ice Cream Factory and much more! Take a look<br/>at our extended trip opportunities (details<br/>available at Des Moines Activity Center)

## Normandy Park Recreation Center

801 SW 174th Street 206-248-7603

#### SENIOR DROP-IN BASKETBALL

No Fee Thursday Noon-2:00pm SENIOR DROP-IN PICKLEBALL No Fee Monday, Wodponday, Eriday

8:00am-10:00am SENIOR BRIDGE

Various days throughout the month Contact Martha for more info at 206-246-1583

#### ADULT DROP-IN BASKETBALL

18 years and up 4 on 4 Format S2 Drop-In Fee paid at the door Sunday 8:00pm-10:00pm Monday 8:00pm-10:00pm Tuesday 8:00pm-10:00pm Thursday 8:00pm-10:00pm Saturday 7:00am-9:30am





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## Planning an event? check out our rental facilities

Looking for a place to hold a birthday party, meetings, classes, or sporting events? City Hall Park, located at 801 SW 174th Street, has two regulation size Little League

ballfields, one non-regulation size ballfield, and two soccer fields available for family, group, and team usage. Normandy Park Recreation Center, adjacent to City Hall Park, may just fit your next rental needs. The indoor facilities include a gym, community room and a dance studio that make for a great meeting place or space to offer classes, seminars, or lectures. Marvista Park is an ideal location to hold a family or business picnic. Located at SW 200th and 4th Ave SW, the park includes children's play equipment, community garden patches, a rose garden, a paved ADA accessible trail, benches and picnic tables, an ADA compliant restroom and a large gazebo that is used for band concerts and can be rented for picnics. Visit the City's website **www.** normandyparkwa.gov or contact the City's Facility Scheduler at 206-248-7603 for more information.



**CITY HALL BALLFIELDS** Youth League and Major Youth User: • Baseball practices \$6/hr/field and soccer practices \$8/hr/field • Tournaments: \$30 per game Clinic: \$22 /hr per field Family and Group Use: \$15/hr per field COMMUNITY ROOM \$30/hr for single use \$20/hr for 9 months or more DANCE STUDIO \$15/hr for single use \$10/hr for 9 months or more **GYMNASIUM** \$45/hr for single use \$27/hr for 9 months or more

MARVISTA PARK GAZEBO \$50 for 4 hours \$45 refundable deposi \$5 admin fee



Remick Merry on the board. Photo by Renick Woods.

#### By Matt Parker

#### THE GOLDEN AMBER COLOR BOARD, 14' LONG WITH BLOOD RED

**RACING STRIPES**, jumped off the beach as if it had Hollywood puppet strings attached to it for a stunt. It whirled rapid 360's in the air at head height, traveling with the 35-plus MPH wind directly at Remick's back.

He stood there atop large round beach pebbles with barnacles, blanch white from cold, in a soaking wetsuit that shimmered even on the gray Pacific Northwest Day. I could see he was taking deep breaths, trying to regain his energy.

I was less tired than freezing, having overestimated my ability to handle Puget Sound temperature waters in the fall. I had grown up playing in the bone-chilling water but had forgotten most of my experiences had been in the summer, when mean gusts of southerly wind weren't punching me in the chest and arms.

"Remick! Remick!"

I pointed at the surfboard missile, simultaneously yelling at him

...the south sound in front of Normandy Park, has become one of the **top dozen or so spots worldwide** for a variation of SUP called "downwinding." so hard it scratched the back of my throat. Anything less than this would not make it above and beyond the sound of 3-5' crashing waves on the beach and through the wind.

"Your board!!!"

A former high level motocross racer, Remick had athletic presence; the type that keeps athletes from being hurt in high risk sports. His body, forgetting he was in his late forties, pivoted like in a video game, just in time to see the carbon board bounce aggressively towards him and making crackling "breaking" noises. He took a step or two back, cradling the board on the ground like a car rolling down a hill. "Dammit!" I could hear him clearly standing downwind. The board was brand new, the nicest you could buy, and we forgot how cold we both were to ponder fixing the foreign object for about 15 seconds.

"We need to get to Seahurst Park," Remick said.

"We need to warm up." He spoke in a directive voice, the one he has only use with me about three times in hundreds of outings. The voice I assume he uses when need-be as a management level engineer at Boeing; a voice that suggests no level of compromise.

We had left from Normandy Park, WA, very near where Remick lives with his wife and near his extended family. His home and property, thanks also to gracious neighbors, having become a staging ground for international level standup paddle athletes.

SUP (stand up paddleboarding) is something I am confident most folks have seen by now; a standing athlete on a board with a single paddle in their hands.

Most people don't know that, thanks in large part to Remick and his neighbors, is that the Puget Sound, specifically the south sound in front of Normandy Park, has become one of the top dozen or so spots worldwide for a variation of SUP called "downwinding." Downwinding could easily be called "open ocean surfing." It requires long open stretches of water in between prominent and approachable landing spots, and, most importantly... wind.

When gusts on the sound reach 20-plus MPH, those whitecaps you see on the sound are 2-8' waves that are rideable for up to 1/4 mile at a time. For outdoor athletes worldwide, a taste of downwinding is a slippery sip of an addictive concoction of sublime beauty and sustained adrenaline; imagine surfing open water for five to ten miles.

All of this, right in front of Normandy Park.

"The Godfather," as he is known in Hood River and Maui, Remick Merry has been a primary advocate and athlete for SUP in the northwest as long as I can remember. If not the first person to do it here, he is definitely one of the the most endearing, introducing the sport and it's expensive equipment to anyone he can.

You might run into a seemingly normal looking man, just under 6', in the Normandy Park QFC buying Powerade. When you see him get in his green sport Dodge truck, the one loaded up with 14-16' boards, you will know it is The Godfather, and his is your friend on land and in the water you look at every day in Normandy Park.



## **CITY HALL PARK PLAYGROUND TILES** Last Chance To Put Your **Handprint On The Playground!**

Funding for the equipment and installation is provided by the Normandy Park Metropolitan Park District, which was approved by voters in 2009. Community members were invited to join the City Council, Parks Commission and City staff in a ribbon-cutting celebration and re-opening of the playground at City Hall Park on Saturday, May 12<sup>th</sup>. On that day and every day since then, the city has been painting the hands of young children for a decorative touch at the newest playground in the city. Ceramic tiles are being installed on the face of the bench seat inside the playground area. The City of Normandy Park is selling 6" x 6" tiles for a handprint or footprint. You may also purchase a tile and place a message in memory of a loved one. Installation of tiles began in September and they will only be on sale to the public until April 28, 2013 or SOLD OUT.

A grand unveiling event will be planned for a completed tile project during the Pre-K Preschool graduation in June 2014.

Tiles can be purchased at Normandy Park City Hall, Monday through Thursday, 7:00 am to 5:30 pm. Payment processing, painting and clean up takes about 15 minutes per person. Cost per tile is \$25.00.

## Join us!

## Normandy Park Cove 2014 Social Events

## All events are open to the public!

February 15	<b>Sweetheart Dance</b> with the Portage Bay Big Band playing all your favorite tunes. Appetizers and non-alcoholic beverages provided. BYOB. Tickets \$25.
March 29	Country/Western Dance with Live music.

Pulled pork sandwiches, coleslaw, beans, corn bread, and non-alcoholic beverages provided. BYOB. Tickets \$25.

April 19 **Easter Egg Hunt** for kids Pre-K through grade 3; photos with the Easter Bunny. 11am SHARP!! Free!

### Cinco De Mayo Dance with The Approximations Band. Taco Bar and non-alcoholic beverages provided. BYOB. Tickets \$25.

For information contact Staci at the Cove Office 206-242-3778 • normandyparkcc@yahoo.com 1500 SW Shorebrook Drive Normandy Park, WA 98166

www.npcove.org



May 3

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## Community News

## **DERYK ROW** 60 Year Normandy Park Resident



#### by Andy Batcho

NINETY-THREE YEAR OLD DERYK ROW has been a Normandy Park resident since 1954. Deryk and his wife of 54 years, Pat (Estelle), raised two daughters, Barbara and Patti, in their

home on Normandy Park Drive. Pat passed away in 2002.

Deryk was born in Canada in 1920 and grew up in Honolulu, Hawaii. He graduated from Punahou School in Honolulu 1937. In 1938, Deryk worked for the Batwing Airplane Company in Alameda, CA. This company was the first to design a "tail-less" airplane. Deryk started at the Boeing Company bucking rivets, because when asked if he could buck rivets (which he had never done), he said "Sure I can". Deryk left Boeing to serve in the US Navy as a Seaman 1st Class from 1944-1946. After returning to Boeing, he attended U of W graduating with a degree in Scientific Management that consisted of a combination of Business, Psychology and Engineering that prepared him well for his many assignments during his 42 years of service with Boeing. He finished his Boeing career as an Information Technology Unit Manager.

Deryk is a founding member of the Normandy Park Cove and donated \$100, his time and talent to construct the Cove building 54 years ago. He was also the membership chairman of the newly formed Normandy Park Swim Club. Deryk was an excellent swimmer in his day and often raced youngsters who challenged him to their chagrin.

Deryk is a life-time member of Trout Unlimited and was the founding president of the Des Moines (now Duwamish-Green) Chapter of Trout Unlimited in 1981. Prior to that, he was an officer of the South Lake Washington Chapter of Trout Unlimited and a Washington State Council Trout Unlimited officer.

Amongst his many accomplishments with the Des Moines Chapter was to start the first "net pen" project at the Des Moines Marina where 30,000 coho salmon smolts are fed for 4 months and then released into Puget Sound. When these adult salmon return, some are caught by anglers at the fishing pier while many others migrate to local streams to spawn. Deryk was also instrumental in starting a Trout Unlimited Chapter restoration hatchery on the Southwest Suburban Sewer District property in Normandy Park. Each year the hatchery raises 100,000 coho salmon eggs to the fry stage when they are released in local streams by chapter members, Normandy Park families and their children. As a result, local streams that had lost their salmon runs now see hundreds of adult salmon returning. Both of these projects started in the 1980 - 90's time-frame and continue today.

1953-2013 Manual Park Celebrating 60 Years!

In 1985 Deryk was honored by the Washington State Council of Trout Unlimited as the Outstanding Sportsman of the Year. In 1999 he received the C.C. 'Red' Pittack Award for a lifetime of service to Trout Unlimited for preserving, protecting and enhancing the fisheries resource.

Deryk enjoys gardening. He has grown a Pea Patch garden plot in Normandy Park for many years and maintains a large collection of specimen Rhododendrons in his back yard garden.

Deryk enjoys traveling. He has visited England, Italy, China, Germany and Holland and he is currently planning a trip to France. In the U.S. he has visited Branson, Missouri, Monument Valley and much of Arizona and California where he enjoyed visits with his step-mother, Velda Row in Indio, CA. until she passed in 2005 at 102. He has also toured the Canadian Rockies at Banff and Lake Louise.

Deryk enjoys dancing, especially at Cove social events, attends the Y three times a week plus taking long walks thru the neighborhood.

It's hard to find a more active 93 year old who has spent his entire life serving his community than Deryk Row.

## Memories in the Park

Submitted by Pat Jensen

IN 1950, I SPENT EVERY WEEKEND looking for a lot to build our new home. My husband worked with a man named Grant Steele who lived in Normandy Park and told him about the area. So, we contacted a real estate agent, Harold Baggott of Burien. He took us around the area. My husband was impressed and selected the lot of his choice. I was from the city where lawns were growing and landscaping established. It took me a while to understand what we were buying. I was very young and could see nothing but work. We did buy an acre, built our house, and learned to love and create our home.

Since I have raised my family and need help myself, I moved away but selected a small family to take over. I still miss the trees, the fresh smell, the beach, cove, and my neighbors, though most of them are gone too.

It was always a fun place to live. I remember we had a pet crow I called Blackie. We would have our coffee out on the patio and Blackie would see us and fly around waiting for me to call his name. At the sound of his name, he would fly over and sit on the wire above us and talk to us. I loved that bird. He was special and smart.

We had the creek below our backyard where we could watch the salmon swim upstream and spawn. King County would send their crew out to weed the obnoxious weeds so they would not spread and kill the fish.

We worked hard keeping our yard in tiptop condition and enjoyed what we had accomplished.

The time and years slipped by. We would have barbecues, invite our friends, found we could serve something good to eat and have a rousing game we would all love. All the kids loved to come to our house because they could run and play. There was always so much to do.

Yes, when I look over the years, my family enjoyed it all. Happy Memories!

## The weather outside may be frightful... We make swimming indoors **Delightful**



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**MERP? MURP?** However you pronounce our name, it sounds like FUN!

WINTER SCHEDULE 2014									
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
5:30 - 7:30 am		Lap Swim		Lap Swim		Lap Swim			
7:30 - 8:30 am		Pool Maintenance	- Swim Team						
<b>8:30 - 9:30 am</b> Av	Available	Shallow Water Ex/Lap Swim							
11 am - 1 pm	for rentals	Lap/Family swims							
1 - 2:30 pm		Lessons	Lessons	Lessons	Lessons	Lessons	Lap Swim 12-1 pm Public Swim 1-2 pm <sup>S</sup> 1 Public Swim (First Sat. monthly) Available for rental 2 (3) -10 pm		
2:30 - 5:30 pm		Swim Team							
5 - 7 pm		Lessons & Teams	Lessons & Teams	Lessons & Teams	Lessons & Teams	Family Swim 6 - 7 pm			
7 - 8 pm		Public Swim	Water Exercise	Public Swim	Water Exercise	Public Swim			
8 - 9 pm		Lap Swim/Exercise		Lap Swim/Exercise		Lap Swim			
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COUPON EXPIRES MARCH 31, 2014

MER: Coupon void if copied. Cash value 1/100¢. LIMIT: One coupon per family. Offer may not be combined with any other offer.

CONSUMER: Coupon void if copied, Cash value 1/100¢. LIMIT: One coupon per visit. Offer may not be combined with any other offer.

## 3rd Annual Yule Arts Bazaar

The Normandy Park Arts Commission was proud to be a part of the 2013 Winterfest with their 3rd Annual Yule Art Bazaar at Manhattan Village. Local artists and crafts people were vending their wares, one weaving and spinning demonstration through-out the day, as well as hands on activity making Santa Cocoa Cones with the Lions Club. Santa and live music were provided throughout the entire event which included classical harp and acoustic guitar to Turkish folk and a local violin-accordion duo.

Other Arts Commission Winter Events held in December: Holiday Decorating hosted by The Cove, with Des Moines' Flora Laura and holiday music played on the harp by local musician Clara McMichael; Kids Crafts at the Cove's Santa Party; and Light the Park, Commissioners rewarded the top festive homes with a Starbucks Gift Cards.

## Winterfest normandy Park \* 2013













## \* \* winterfest scenes in the Park \*

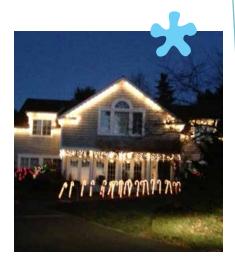














## FEATURED RESIDENT Paul Cooke

**By George Buley** 

Paul Cooke and his wife, Jill, settled in our fair city over 30 years ago. They raised their two children, Trina and Nathan, here, and now have four grandchildren Ethan, Jonah, Aramis and Cedric.

Paul has always been an outdoorsman. He knows our city and all of our parks in detail. He served for 12 years on the Parks Commission. When Emmet Nist donated his five acres to the city, Paul became a major participant in the master planning and development of the new park. He also created a map to show various walks to all of the parks, and around the town. Paul



Paul and Jill Cooke

has volunteered for years leading excursions for seniors in the area.

When the City was experiencing serious financial shortfalls, Paul became a member of the Economic Development Committee. On his own initiative, he prepared a thorough analysis of the overall revenue system for the city. This proved vital in helping our citizens to understand what limited but critical options we have. More recently, he has helped in making our local events, e. g. the Zombiefest, a great success.

In his spare time, Paul has been the president of the local Rotarians, and currently is on the Board of Trustees for the YMCA.

2014

Thank you, Paul, for all your efforts on behalf of our community.

## 5K RACE • WEE RACE • PUB CRAWL • AND MORE!

## **CONQUER THE SNAKE!**

Join us March 16, 2014 for a 5K like no other 5K you've run before! It is hard; suffering is the name of the game as you climb and climb up ominously named "Snake Hill". Don't like snakes? There's a Wee Race for families and the Faint of Heart.

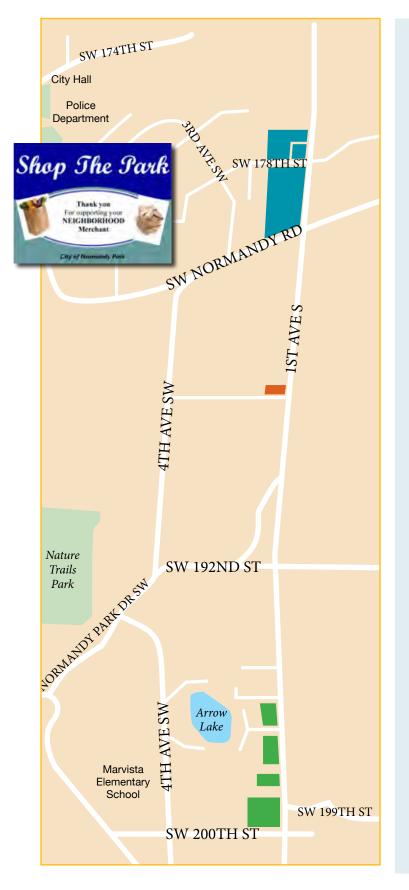
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Classic

Business Listings



## Normandy Park First Avenue South Business Corridor

Access Pharmacy	(206) 242-0040
Archie's Mexican Restaurant	(206) 436-0850
Brian M Carey, DDS PLLC	(425) 736-2373
Card Advantage Games	(206) 274-6070
Dunn Lumber Company	(206) 242-1010
Emerald Cove Catering Co.	(206) 246-5495
Four Star Cleaners	(206) 242-9191
Healthy Nail & Spa	(206) 735-7375
Ichi 7 Teriyaki	(425) 502-7197
Kids Country Normandy Park, Inc.	(206) 248-5336
Lovely Nails	(206) 244-7221
Manhattan Hair Salon	(206) 988-0200
Normandy Cleaners	(206) 431-5363
Northwest Business Solutions-UPS Store	(206) 243-9843
Optimal Health Chiropractic	(206) 241-3836
Pass It On	(206) 280-7272
Paws in the Park Pet Supply	(206) 242-7387
Quality Food Store - QFC #805	(206) 243-9340
Salon In the Park	(206) 242-2999
Starbucks Coffee #3334	(206) 318-8704
Teak House Thai Restaurant - 17651 1st Ave S	(206) 244-8444
Virginia Phair	(206) 724-9104
	(200) 724 5104
Emma Skjonsby, MA, LMHCA	(206) 229-9208
Gilbert Family Dentistry	(206) 242-5808
Ace Hardware NPTC	(253) 752-2000
Ad Specialties	(206) 223-1414
Anne Armstrong Therapy, Inc.	(206) 244-5157
Bishop Law Offices P.S.	(206) 592-9000
Burien Cooperative Education Project,	
The Bridge School	(206) 922-1202
Cedar River Foods	(206) 212-6953
Colorescience	(206) 612-0004
Desert Sun Tanning - 19893 1st Ave S	(206) 592-8267
Don Seidemann, MSW P.S.	(206) 824-6666
Dr. Jessica Misner, Psy.D.	(206) 747-7274
Dr. Max Lee, MD	(206) 824-2183
Edward Jones Investments	(206) 824-9442
Face to Face Euro Spa	(206) 429-3842
Flourish Acupuncture & Wellness LLC	(206) 349-7605
John D Slightam, MD	(206) 824-5555
Kayak Bar & Grill	(206) 429-3145
Law Office of Michael J. Siefkes, PLLC	(206) 431-5152
Margaret Lacy Therapy	(206) 769-2022
Millenial Builders, LLC	(206) 429-3884
Mitchell Hardware NPTC	(253) 223-9178
Nail BK Spa of D, LLC	(206) 212-6883
Normandy Park Athletic Club - 19901 1st Ave S, Ste 401	(206) 870-9000
Normandy Park Hair Designs	(206) 824-6830
Normandy Park Market - 1st Ave and SW 200th St	COMING SOON
Northwest Clinic of Chiropractic PLLC	(206) 429-2922
Northwest Ingredients	(425) 775-7385
Olympic View Dental - 19703 1st Ave S	(206) 824-4700
Papa John's Pizza	(206) 248-3333
Price-Less Pet Clinic - 19893 1st Ave S, Ste 202	(206) 592-6454
Tracy S. Reinhardt, Psy.D.	(206) 715-8640
Ren Acupuncture & Wellness	(206) 244-4100
Rite-Line Tax Service ALP - 19655 1st Ave S Suite 105	(206) 246-4881
Robert Parker, PhD PC	(206) 240-9880
Rose Pho LLC	(206) 427-9694
The Samara Hubner, Inc	(206) 878-8875
Specialties & Promotions ALP	(206) 223-1414
Subway	(206) 225-1414
oubinay	(200) 400-0030

## LARSON Family Medicine & Medical Aesthetics



#### **HEALTH AND WELLNESS SERVICES**

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- Personalized genetic testing
- Weight Loss Program called FirstLine Therapy, an effective therapeutic lifestyle and composition-based weight loss program

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- Laser Skin, Hair reduction/ removal, Vein, Tattoo Removal and Fungal Nail Treatments
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- Coolsculpting<sup>®</sup> fat reduction services (please refer to attached logo for an idea on what it looks like as this is a brand name)

For event details follow us on Facebook and LarsonMedicalAesthetics.com

# R

Margaret L. Larson, MSN, ARNP, NP-C grew up in Normandy Park and now has returned to live closer to her practice. She had been practicing with her father, Roger K Larson, MD for 6 years in Burien when he retired last year. Family and community are very important to her as reflected in her unique family practice approach to prevention, lifelong wellness and optimal health for individuals and families.



## Larson Family Medicine & Medical Aesthetics

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