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- Navigation Simulator Training
- Global Piracy Summit
- Boating & Cruising Symposia
- Sailing Regattas
- Wooden Boat Chandlery
- Learn-to-Sail Programs
- Boat Building Classes

Port Townsend, Washington
www.nwmaritime.org

© Lance Rayfield
WE ARE DELIGHTED TO PRESENT HERE THE SECOND ISSUE OF THE NEW NORMANDY PARK CITY SCENE MAGAZINE.

City staff members Debbie Burke and John Greenwood have done an excellent job of compiling news about our community. If you happen to see them around town or are in city hall, be sure to recognize them for the good work they are doing for the city.

We are particularly pleased that Highline School District Superintendent Susan Enfield has offered up a short article in this issue which you can find on page 6. We are fortunate that Ms. Enfield chose Highline School District over several others vying for her attention earlier this year. You will see from her article that she has exciting new plans for our schools.

A Normandy Park resident, Ms. Enfield and her husband Tony are a welcome addition to our community. Be sure to smile and wave at them if you see them around ‘the Park’!

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I am very gratified to see continued and growing support for the magazine among advertisers.

Advertisers in our inaugural issue were rewarded for their support of the project with tangible results from their advertising presence, so most of them are back with us. And, we welcome several new advertisers in this issue.

Please be sure to patronize our advertising businesses. Let them know you saw their ad in City Scene, and be sure to thank them for their support. If your favorite business is not currently using our magazine to reach our community, encourage them to consider advertising with us!

The support of our advertisers allows us to produce City Scene magazine at no cost to the city. As the magazine continues to grow, profits will be directed toward a new foundation we have established, Friends of Normandy Park, a non-profit organized to further enhance our quality of life. Learn more about the foundation from President Patrick Dembiczak on page 8 of this issue.

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As springtime blossoms into summer, Normandy Park becomes even more visibly active. Indoor hobbies and projects give way to gardening, picnics, festivals and concerts, all held outside at our many parks and community gather places. This summer issue of City Scene should help you make the most of all that the community has to offer during these glorious days of summer! Enjoy the season, enjoy the magazine, and – as always – please don’t hesitate to contact me if you have ideas or comments about City Scene Magazine.

Peter Philips
Publisher
(206) 284-8285
peter@philipspublishing.com
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MONTHLY MEETING CALENDAR

COUNCIL MEETING 2nd Tuesday, 7:30pm
COUNCIL STUDY SESSION (if necessary) 4th Tuesday, 7:30pm
ARTS COMMISSION 1st Tuesday, 7pm
METROPOLITAN PARKS DISTRICT 2nd Tuesday, 7pm
CIVIL SERVICE 3rd Tuesday, Noon
PARK COMMISSION 3rd Wednesday, 7pm
PLANNING COMMISSION 3rd Thursday, 7pm

125 South 156th Street
Burien 206-246-9000
www.highlineathleticclub.com
WE HAVE HAD A FEW BEAUTIFUL, sunny days lately and Normandy Park begins to looks even lovelier in the spring. Making it through the winter without a major storm or freezing rain event has helped bolster our reserves along with diligent work by the staff and Council to find new efficiencies. About this time two years ago our general fund had fallen to about $30,000—basically, no reserves at all without inter—fund transfers. The changes made in the recent past are slowly trending in the positive direction. The City is not flush with funds but we definitely are climbing away from a fiscal crisis barring any unexpected emergencies or calamities. A city dependent on property tax revenues gets crushed when assessed valuations fall and the state takes away other tax revenues for their own problems. We are working with our commercial property owners to encourage better development at our two commercial centers to provide additional revenue sources to provide for a better balanced future. We have a new chocolate, wine, and sandwich store and a new market coming in the fall, as well as the stalwart stores we already have. I hope you are supporting these local stores, which keeps them going and helps yourself by keeping your City healthy.

The City employees have earned another AWC Well City Award for next year which comes with a two percent discount to the City on medical premiums. When you hear radio/TV/Internet stories about public “servants” padding their salaries and pensions with overtime, I want you to know that none of that is happening in Normandy Park. We are fortunate to have dedicated, hardworking employees who wear many hats to keep the City functioning.

Other items: Sylvester Road is set for an overlay this summer from City limit to City limit—mostly funded by grants and some City match. The Sylvester Bridge final accounting is still being completed and we must thank the City of Burien for stepping forward to help on the first $100,000, if it goes over budget. I am not sure the Council would have voted to take the risk without Burien’s support. An Eagle Scout candidate has been able to organize the graveling of the path into Nature Trails Park from the street end on 192nd. Thank You! This gives another access point for residents that are uphill and east of that park. Walker Preserve has a loop trail that you really should walk. The bridge and ivy pulling has really helped make this a pleasant area and healthier for critters in the creek. There is a nasty patch of Yellow Arch Angel near the bridge that needs attention of volunteers – hope you are careful in choosing ground covers sold in nurseries, some really get out of control. The City uses volunteers on its Boards and Commissions – Park, Planning, Arts, and Civil Service. If you have the time and some experience to offer, consider applying through the City for a vacancy. This work can be rewarding in personal growth and helps the City as well.

—Clarke Brant

FROM THE MAYOR

CITY DIRECTORY

City Hall
801 SW 174th Street
Normandy Park WA 98166
City Hall Main Line
206-248-7603
Police Non-Emergency
206-248-7600

City Hall Hours
7:00am–5:30pm
Monday through Thursday

City Administration
Interim City Manager/Finance Director
206-248-8251
City Clerk
206-248-8248
Accounting Specialist
206-248-8247
Senior Planner
206-248-8249
Planning Technician
206-248-8260
Public Works
206-248-7603
Recreation/Facility Scheduling
206-248-7603
Police Chief
206-248-7600
Police Records Manager
206-248-7600

Passport Office Hours
9:00am–4:00pm
Tuesday, Wednesday, Thursday. Appointment may be made by calling 206-248-8248 or 206-248-7603

Police Business Office Hours
9:00am–5:00pm
Monday through Friday
I often tell people I am the luckiest superintendent in the world, because I am so happy to have come to Highline. When I applied for the superintendent position here a year and a half ago, my husband and I were looking for a place where we could put down roots and become part of the community. We have found that here in Highline, and more specifically in Normandy Park.

Tony and I love living close to the Sound and being walking distance from one of our beautiful new schools, Marvista Elementary. Normandy Park gives me quiet streets where I can run, and allows Tony space to pursue his love of gardening. We have met many wonderful new friends and neighbors.

What excites me most about being in Highline is the opportunity to show the world how capable and successful our children can be. Our students come to school with a wide array of assets and experiences to build upon. It is our job as educators to identify those assets so that every child learns and develops to his or her full potential.

As some of you may know, over the past several months we have been working with staff, students, families and community members to develop a new strategic plan for Highline Public Schools. We determined that this plan not only be a game-changer for our students, but also belong not just to the district, but to our community as well. While still in draft form, we are proposing ambitious goals that we will work toward over the next few years. They include:

- At least 95 percent of students entering kindergarten this fall will be proficient in all core subjects by the end of third grade.
- At least 95 percent of students entering ninth grade this fall will graduate successfully.
- We will eliminate out-of-school suspensions by 2015 so that we are no longer denying students access to education.

I believe we can meet these goals. It will take all of us coming together as a community to support every student. Our schools cannot do this work alone; we all have a role to play as individuals, municipalities, businesses, community organizations, and faith communities. We all want the same thing – successful students and a safe and thriving community – and together we can make that happen.

I am convinced Highline can become a model for school districts across our state and nation in raising academic achievement for all students and eliminating the achievement and opportunity gaps between students from different backgrounds. This is a community that cares deeply about its children, and I cannot wait to see what we can accomplish together to make our schools and our community a beacon of success.
COUNCIL CORNER – By Councilmember Doug Osterman

The following is the opinion of Councilmember Doug Osterman, and may not be shared by the other elected members of the City Council.

Investing in Normandy Park: Home Building on the Upswing

Normandy Park building construction is on the upswing. In the past six months, seven new homes have been permitted, six homes on vacant lots and one re-build home. During the same period last year, there were only two new homes permitted, representing nearly a four-fold increase in home-building investment in the community this year from last. Many more interior remodels are also underway. The memory-care facility on First Avenue South, Oh! Chocolates at Towne Center, and the proposal for a new grocery store at Towne Center, together with new and re-built homes, are all positive and exciting signs that Normandy Park is a great investment.

Investing in the Region: 200 Parks—175 Miles of Trail—26,000 Acres of Open Space

While Normandy Park is a great place in and of itself, we also live in broader community that can, if we work together across borders, contribute significantly to the value of our City. It’s imperative that we forge partnerships across the region to bring services and other amenities to Normandy Park. One broad regional partnership that offers up significant opportunity to Normandy Park residents is the development of a county-wide, connected open space and trail system. The regional parks and open space plan is to seamlessly connect city to city, cities to the rural and farmland areas, and the state, federal, and other public land of the Cascade Mountains of eastern King County. The regional parks and open space plan would link transit hubs, park-and-rides, and civic and business centers throughout King County, creating significant economic benefits to the region and our community. One of the premier regional trail investments proposed is the “Lake to Sound Trail” that connects Lake Washington to Puget Sound providing Normandy Park residents opportunity to bike, jog, and walk from our city to Lake Washington where the system will be linked to eastside trails and rail corridors that connect us to areas as far away as Enumclaw and Snoqualmie. You will be able to vote on the aptly named “200 Parks—175 Miles of Trail—26,000 Acres of Open Space” proposal at an August 6 election this year. For more information, visit http://www.kingcounty.gov/recreation/parks/trails/regionaltrailsystem.aspx.

Investing in Puget Sound: Clean Beaches, Rivers, and Streams

Water does not obey city boundaries, or as is often stated “We All Live Downstream.” This is especially true for Normandy Park, which lies at the bottom of several drainage basins in which water begins its flow to Puget Sound from areas outside our City. Our investments in salmon habitat, noxious weed control, and improving water quality in Normandy Park are all at risk if we do not work with our neighboring cities and other entities that lie above us to the north, east, and south. And if we don’t work together to clean up stormwater—the number one pollution source to our rivers, streams, and the Sound—we face stiff penalties from state and federal agencies that enforce the Clean Water and Endangered Species Acts. To ensure that Normandy Park is empowered to make the wisest investments in the health of our waters and to avoid having costly actions imposed upon us from above, I have spearheaded conversations with cities and counties throughout the Puget Sound region and statewide about developing a regional investment strategy to protect and restore high value habitat, clean up stormwater, and control flooding. Dubbed “Watershed Investments,” the concept will soon be taken up by state legislative leaders this year with possible legislation next year that would allow, for example, Normandy Park and our neighboring cities to work together to identify and prioritize the most important investments we need to make together to ensure our streams and beaches are effectively cleaned up and protected from further degradation.
Letter From The Friends Of Normandy Park Foundation

By Patrick Dembiczak, President of Board of Directors,
Friends of Normandy Park Foundation

I am proud to announce the inauguration of the Friends of Normandy Park Foundation. We are a new non-profit, organized by local business leaders and residents. Our business number is: 206-242-1932.

Our goal is to build community pride, improve the local business climate, and attract more visitors to Normandy Park. Through fundraising, event planning, and project planning, we will serve as a facilitator to meet community objectives including boosting and showcasing our businesses and providing fun events in Normandy Park.

Please help us get started by making a donation today! Send your check to:

Milo Smith
Friends of Normandy Park Foundation
18011 3rd Ave SW
Normandy Park, WA 98166-3733

Milo can also be reached at milo@mdsmith.biz or 206-242-1932.

Thank you for your support.

NEW CITY EMPLOYEES

You Look Familiar...

Residents with young children may recognize the newest addition to the City of Normandy Park’s employee roster the next time they seek assistance from the reception window at City Hall. Brooks Wall, who will be working at the City’s Recreation Center as a Preschool Teacher until mid-June, will be permanently working as the City’s Receptionist on a full-time basis staring this summer. Brooks has been working as a Preschool Teacher for the past eight years, during which time she taught two classes a day.

In her new capacity, Brooks will be handling, among many other duties, facility rentals, pet and business licensing, passport issuances, notary services, and acting as the Wellness Coordinator for all City employees.

“I love this community and the families I get to work with—when I’m here, I feel connected.”

I am different from most real estate professionals. I have built my business on results, and I am confident I can deliver for you. I know the market—I know how important this life changing decision can be—and, most of all, I make it my business to know YOU!

➔ Buying a house—no problem, call me!
➔ Selling a house—no problem, call me!
➔ Gone sideways—let it be my problem, call me!
➔ Repair issues—YES! Call me! Great Resources!

I have an excellent reputation in real estate, especially in Normandy Park, and will work with you to find the perfect home or maximize your selling price, and get your house SOLD! Keller Williams Realty has a very unique business model in that they use the team approach. Through me, you will have many others helping in the background, giving more than 110% on your behalf. Make your home, my business!

Patti Gifford
“More than a Real Estate Agent”
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(206) 227-4848 cell • www.PattiGifford.com • pattigifford2@gmail.com
Passport Application Acceptance Office
Passport Book and Passport Card applications filed with form DS-11 are accepted at City Hall. Travel advisories and information for submitting an application are available online www.travel.state.gov. Routine processing is currently 4 to 6 weeks. Minor passports are good for 5 years and adult for 10 years. Adults renewing passports that are less than 5 years expired can mail the DS-82 form directly to offices listed on the application.

What to bring when you apply for a standard application:
• Completed Form DS-11—unsigned
• Recent Passport Photo (at stores like CVS Pharmacy, Walgreens or Costco)
• Fee to the City in the amount of $25 per app (cash, check, Visa or Mastercard)
• Fee to the Department of State: $80 (minor) $110 (adult) (check or money order)
• Certified copies showing proof of citizenship
• Proof of Identity. Minors (under age 16) need both parents present with ID

PASSPORT ACCEPTANCE HOURS
Tuesday, Wednesday, Thursday 9am–4pm; closed Mondays & Fridays

APPOINTMENTS ARE SUGGESTED
To schedule an appointment or for more information for submitting an application—Call 206-248-8248 or 206-248-7603

WHAT TO DO If You See A Coyote
If you see a coyote in Normandy Park, don’t panic! Coyotes are wild animals, they do not follow normal patterns that your domestic pet may follow. If they are out at night or during the day, this does not mean there is necessarily a problem. You may contact the Normandy Park Police Department at 206-248-7600 if you are concerned the animal is being aggressive, but the Police Department will not usually take action on wild animals, which is a job for the US Department of Fish and Wildlife.

In addition to contacting the Police Department and in the event you have a serious coyote problem, you should contact the U.S. Department of Agriculture via their 24-hour hotline for coyote sightings at 360-753-9884. Be prepared to tell them how many coyotes you saw, their location, and your contact information.

Normandy Park Athletic is a family oriented athletic club with modern, state-of-the-art facility.
Normandy Park Athletic is proud to lead the way to better health and healthier living within our local community. We pride ourselves in our service and dedication to our members and their families. Whether you want to reduce your waist size, gain that muscle you’ve always wanted or just tone and increase your daily energy level, we can help you to achieve the results you aspire to have. We provide convenient parking, a clean and friendly atmosphere, tons of dynamic strength equipment, group exercise classes to meet everyone’s needs, and we have numerous cardio equipment options. Stop in and take a look! We are conveniently located at the intersection of 1st Avenue South and South 200th.

better health... healthier living

19901 1st Ave. S, Ste. 401 | (206) 870-9000

www.normandyparkathletic.com

Drop in and take a class! Only $10!
Remodeling and Building Permits
By Janise Goucher, City Planning Technician

Spring is a perfect time to think about minor alterations to your home, whether it is a new roof, replacing your deck, or a major overhaul of your kitchen. However, a permit may be required. There are some important reasons for obtaining permits when making improvements to your home. The biggest benefit is having records showing inspections of the work you performed. A permit is also a safe guard which could potentially save you money, help to improve safety, and protect the value of your home.

While obtaining the required permits may add an additional cost in a home improvement project, consider what you may face as a property owner when the time comes to sell your home. The remodeling work you performed may come under scrutiny and you may be asked by a potential buyer to provide documentation of inspections. At that point, due to the lack of permits you will be required to obtain the necessary permits and prove the work was done properly. This, in turn, could include having the project re-done in order to bring it in-line with permitting requirements. With that in mind, it is always better to play it safe and begin your job by securing the necessary permits.

If you are thinking of doing any work to your home and are not sure if a permit will be required, please contact the Planning & Community Development Department at 206.248.8260. Thanks!
STAY INFORMED!
SIGN-UP FOR THE CITY’S E-NOTICE PROGRAM

We've made it easy for you to be informed about City issues, projects, and activities. Sign-up for the City's E-Notice Program! All you need to do is complete the on-line form to receive electronic Public Notices, Public Safety News & Alerts, Cultural Arts & Events Notices, City Manager's Report, and Normandy Park City Scene Magazine and E-News. You can choose as many topics as you are interested in, and you can add or delete topics at your convenience!

To get started receiving information, please visit the City's website at www.normandyparkwa.gov. At the top of the home page, click on the E-Notice link to sign-up for electronic publications. Once you have submitted the on-line form, you will receive an automated e-mail asking you to validate your information which will allow you to begin receiving the publications you request.

If you have any problems completing the on-line form, please feel free to call 206-248-7603 for assistance. Hope you enjoy the City's on-line publications.

Welcome Home

Apartment Homes
Choose from Studios, one-bedroom and two-bedroom apartment homes, each with spacious bathrooms and an emergency communication system for your security.

Memory Care
Responding to growing community needs, construction is underway to offer Today’s Memories, our centerpiece of services for those with memory impairment including Alzheimer’s disease and other types of dementia. Services will include residential care, adult day care, and adult night specialty programs. Opening Fall 2013!

GREAT LOCATION
Located just a few blocks from Highline Medical Center, shops and restaurants with easy freeway and airport access.

JOIN US FOR LUNCH
Make your reservation for a complimentary lunch and tour. Taste the Normandy Park ART of Life for yourself!

206-241-0821
16625 1st Ave. South
Artegan.com

Accepting most long-term care insurances
Jeremy McGinnis started working for the City of Normandy Park in 2006. He currently works in the City’s Public Works Department as one of its Maintenance Workers, performing duties like performing minor road maintenance, maintaining Marine View Park and using the City’s water-pressure truck to make sure its stormwater catch basins are operating correctly and helping to keep Puget Sound clean.

On his off time Jeremy enjoys dirt biking in the woods, where he can usually be found in Cle Elum bolting in between trees on the beaten path. Later during his interview we found out that Jeremy has a plate in his collar bone and has broken both of his wrists, which he swears aren’t related to this hobby of his. He was very convincing, so we here at the City Scene are assuming that his injuries were the result of a fist fight with a bear that he bumped into while in Cle Elum.

When asked what he likes most about working for the City of Normandy Park, Jeremy stated that, among other things, he enjoys working for a small, good-natured community. Normandy Park, to him, feels like a secure and family-oriented place and being an employee makes him feel like he is part of that family.
Putting adults back together..

One smile at a time.

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(206) 824-4700
THE SOURCE OF THE PILES OF FOAM along Miller Creek is a mystery. Each fall, as salmon return to spawn in Miller Creek, volunteers notice foam in the water in Normandy Park, near the sewage treatment plant. While usually only the size of a basketball, sometimes foam piles were four feet high. Foam builds up naturally in creeks—as leaves and other natural materials break down, their components cause foam to build up wherever there is turbulence. But laundry soap, car washing soap, or a mop bucket poured into a storm drain can also cause foam. Natural and soap-caused foam is difficult to tell apart—but natural foam generally smells like dirt, and soapy foam smells like perfume. While natural foam is harmless, soap may kill aquatic life, including fish and the bugs they eat.

Over the years, as the foam has come and gone, city workers have been very successful at finding and eliminating sources of soap entering Miller Creek. But then, another foam pile is spotted. While tests done by experts have never detected soaps in the creek near these foam piles, city staff continue to search for soap inputs upstream due to concerns for fish.

Keeping soap out of the creeks is easy, once you know that most storm drains flow directly to our streams. Each of us can help:

- Wash cars at commercial car washes or on lawns;
- Pour soapy water down a sink or floor drain, not outside, and
- For car wash fundraisers, use a Car Wash Kit, available from your city.

Let’s clean up Miller Creek—by keeping soap out of storm drains.

For questions about soap or other pollutants and storm drains, contact your jurisdiction: in Burien call 206-439-3154, in Normandy Park call 206-248-8278, in SeaTac call 206-973-4770, and in Des Moines call 206-870-6585. In White Center call King County at 206-296-1900.

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**Don’t Drip & Drive**

**Fix That Leak!**

**Identifying Common Car Leaks**

Car leaks often can be identified by observing the color, texture, and location of the fluid.

1. Carefully place the reusable “Drip Test Sheet” under your car.
2. Leave the car in place for a few hours or even better, overnight.
3. If you see drips, use the guide chart to identify the type of leak.
4. Take note of the color, texture, and location in order to properly identify it.
5. Use the ‘leaks guide chart’ to find out what your results mean.
6. Wipe off the fluid(s) and throw the rag or tissue in the trash.
7. Contact your mechanic for further evaluation.

---

**What’s leaking under my car?**

Here are six fluids that are likely to drip from your car, and how to recognize them.

- **Engine Oil**
  - Light brown to black,
  - very greasy and slick,
  - under front half of car

- **Transmission Fluid**
  - Reddish and thin or brown and thick,
  - middle and towards the front of car

- **Power Steering Fluid**
  - Amber or reddish or light brown and thin,
  - very front of vehicle

- **Brake Fluid**
  - Clear to brown,
  - slightly yellow and slick,
  - often appears near a wheel

- **Coolant (Anti-freeze)**
  - Yellow, green, or pink,
  - greasy and slimy,
  - front-most part of car, near radiator or under the engine

- **Water**
  - Clear and thin,
  - under front of car - condensation from air-conditioning system

For more information go to: [www.fixcarleaks.org](http://www.fixcarleaks.org)
There is a new water monitoring station on Walker Creek where the stream crosses 12th Avenue SW, just north of Shorebrook Drive, next to the Normandy Park Swim Club. The station is part of a network of stream monitoring stations in the Miller-Walker basin, and it is measuring water level, water temperature, pH, turbidity, specific conductance, and dissolved oxygen. Readings are recorded every 15 minutes, and transferred remotely to computers at King County, where they are downloaded regularly to the website http://green.kingcounty.gov/wlr/waterres/hydrology/. The site code is 42EWQ. The station will be visited every 7–10 days by King County Department of Natural Resources and Parks staff to maintain the equipment and collect information.

Stream flow and water quality were identified as important to the citizens of the Miller and Walker Creek basin during workshops held in 2009 that were the basis for a monitoring plan for the basin. The information is being used to track how quickly the water level rises and falls, and to detect harmful conditions for fish and the invertebrates that live in the creeks. For instance, in October 2012 when the first salmon were returning to the creeks, water samples were taken during a storm, and the stream flows and timing was used to make sure the storm conditions were targeted. Dissolved oxygen is important so fish can breathe, and levels were normal. Water temperatures were higher than salmon prefer until the rain fell, and then went down to an acceptable level.

The new Walker Creek station was made possible by funds granted to the Miller-Walker Creek Steward by the King Flood Control District in 2012. The grant also supported a new water station on Miller Creek downstream of 1st Avenue South and benthic macroinvertebrate (bottom-dwelling “bugs” that live in stream gravels underwater) samples to measure stream health. In 2011, Walker Creek scored “poor” and Miller Creek scored “very poor.” For tips about making the creeks healthier, or more information about Miller and Walker Creeks, contact your Miller-Walker Creek Steward, or visit the website by searching for “Miller Walker Stewardship.”
ONE CHARACTERISTIC THAT MAKES Normandy Park a beautiful city is the variety and abundance of trees. Trees generate many benefits: environmental, aesthetic, economic, psychological, and social. In fact, without trees we would not exist as we do today. Trees require care to deliver these benefits, as they are living, breathing organisms with more similarities to us than one might think!

So how are trees similar to humans? Trees are made up of cells, tissues, and organs. Cells with similar structure and function are arranged into tissue, such as bark and wood, and as cells divide, there is growth. Trees have five organs: leaves, stems, roots, flowers, and fruit. Like humans, trees require water and minerals for survival and carbohydrates are an important nutrient in their diet. Unlike humans, however, trees produce their own carbohydrate as food, taking in sunlight, water and carbon dioxide and releasing oxygen into the atmosphere, which of course we need to survive.

Trees have a system of defense. Bark is their protective skin, encasing the more sensitive tissue inside. They also secrete chemicals that can resist insects and pathogens. Trees also sweat, in a process called transpiration, the loss of water from leaf surfaces; this process helps move water up the tree, called transpirational pull. And, did you know trees sunburn just as easily as we do?

What care is required to keep trees in good health? Just as we benefit from preventative care, so do trees. Preventative care or maintenance can include pruning, thinning and removing dead wood. This care will maximize tree benefits while minimizing tree hazards. Waiting too long before attending to tree maintenance can be costly and potentially hazardous to people, animals, and property in close proximity.

A proactive approach to tree maintenance requires knowledge of the specific timing and techniques for various tree species to avoid damaging the tree.

 Arborists are specialists and professionals in the care and maintenance of trees, knowing exactly where, when, and how to prune or make specific cuts, treat, and care for the overall health of the tree. An arborist, with a comprehensive understanding of tree biology, is able to devise a system of care (arboriculture) for any tree or project.

A few things to ask and keep in mind before hiring someone to care for your trees:
1. Are they professional arborists? Are they licensed, bonded, and insured?
2. Do they spend time helping you understand what is best for your trees?
3. Do they explain the work process to you, the how, the when, and the why?
4. If tree climbing is required for maintenance, how do they climb? Spurs or rope?
5. Do they explain the importance of timing for pruning, particularly with blossoming stone fruit trees? Are their pruning tools sterile (disease can be transferred from tree to tree through equipment)?
6. Do they have positive reviews/references?

Watch for the next article. Until then, enjoy the trees!

*Stephen Higgins is an arborist living in Normandy Park. Feel free to give him a call at 360.271.1618 or visit his website http://www.lgtreecare.com.*
join our text club & get

$20 OFF

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TEXT SUN TO 33733

Normandy Park
19893 1st Ave. S.
Normandy Park, WA 98148
206-592-TANS (8267)
desertsuntanning.com
SAFE RIDER CITATIONS

The Normandy Park Police Department encourages children of all ages to get out on bicycles and enjoy all that Normandy Park has to offer. We hope that while they are doing this they are practicing good safety habits.

The “Safe Rider Citations” are to reward the children in our community and encourage them to practice safe riding habits. The “Safe Rider Citations” are good for one free happy meal for the child it is given to. Normandy Park Officers will be armed with these citations and we are not afraid to hand them out.

These citations are provided in part by McDonald’s and Safe Kids of South King County. We hope to see you out and about this year and if we see you wearing a helmet you may just receive a citation!

SOCIAL MEDIA

Earlier this year, the Police Department was introduced to another way of communicating with Normandy Park citizens. The new website, www.cityofnormandypark.nextdoor.com, allows the Police Department to communicate with residents on a more informal basis.

Only residents of Normandy Park can be members of the website (there is no mobile version yet). This allows people to reach out to their neighbors and develop relationships they can build on.

We would like to remind readers the Normandy Park Police Department does have a Facebook (www.facebook.com/nppchief) and Twitter account (@nppdchief) if you would like to stay current on happenings in the Police Department. You can also sign up for E-Alerts from the Police Department on the City of Normandy Park’s website.

BLOCKWATCH MEETINGS

Are you looking to connect with your neighbors? Do you have concerns about safety? If so, a Blockwatch meeting may be exactly what you are looking for. Blockwatch meetings allow you to gather with your neighbors and speak directly with representatives from the Normandy Park Police Department. Blockwatch meetings can be scheduled by calling 206-248-7600 and asking to speak with Community Service Officer Dave Bond.

FIREWORKS

There are new fireworks regulations that citizens need to be aware of. Ordinance 875, adopted in 2012, amended the Normandy Park Municipal Code, and removed July 5th allows days to light off fireworks in Normandy Park. The days in which fireworks may be legally discharged are as follows:

- June 28th Noon to 11:00 PM
- June 29th to July 3rd 9:00 AM to 11:00 PM
- July 4th 9:00 AM to Midnight

The discharge of fireworks is still not allowed in City parks or on City property. This includes Normandy Park roads. For more information, you may call the Normandy Park Police Department at 206-248-7600, or you may visit the Washington State Patrol’s website at www.wsp.wa.gov/fire/fireworks.htm.

RAD CLASSES

The Normandy Park Police Department’s Rape Aggression Defense (RAD) program is a detailed and comprehensive women’s-only self-defense course. The course covers crime prevention, risk reduction, and avoidance while progressing on to the basics of hands-on self-defense. The program is dedicated to teaching defensive concepts and techniques against various types of assault by utilizing effective and proven self-defense tactics. The twelve hour course is commonly taught using four three-hour sessions to make attendance convenient for students. For example, classes have been taught on a Tuesday and Thursday evenings from 6:00 PM to 9:00 PM for two weeks (four sessions). A unique feature of the RAD program is the student’s opportunity to practice the self-defense techniques they have learned throughout the course during the last session of the class. The dynamic simulation, a mock self-defense scenario, features the instructor acting as the aggressor. Both the student and instructor wear protective equipment. Strict safety protocols are followed to ensure the safety of everyone involved. Most students believe this is the best part of the course and are genuinely surprised at how much they have learned. Many women have told us they believe the course was very informative and empowering.

Citizens of Normandy Park are lucky to have two outstanding RAD instructors in Officer John Lievero and Community Service Officer Dave Bond. These two instructors are often times called upon to teach for other local jurisdictions. After a recent class for the City of Snoqualmie, a student sent the following message to Chief McCulley;

“The course was very informative (eye-opening actually) and the instructors (Dave and John) were wonderful. They presented the material clearly and effectively…I learned an incredible amount and feel much more empowered.”

John and Dave are currently accepting student applications for a class that will be occurring in August or September. There is no cost for the four-day training class. The classes are a great way for women to gain confidence and tactics to help them survive a confrontation, both physically and emotionally.
Help us, by NOT becoming a VICTIM

MAIL & IDENTITY THEFT

Mail & Identity Theft Facts:
- A typical thief can usually get around $1,000 from a mailbox from new or reissued checks.
- Identity theft causes, on average, $50 million in losses for families across America.
- Individual victims of identity theft average a loss of $500 as a result of the theft.

Tips On How To Avoid Mail & Identity Theft:
- Report lost or stolen credit cards immediately.
- Beware of mail and telephone solicitors that offer prizes, especially if they ask you for personal information.
- Watch for your monthly financial statements and bills. If you don’t get them when expected, contact the sender.
- Review your consumer credit reports annually.
- Shred and/or destroy unwanted documents.
- Don’t leave mail in your mailbox overnight or on the weekend.
- Deposit mail in U.S. Postal Service collection boxes.

AUTO PROWLS & THEFT

Auto Prowls & Theft Facts:
- More than two-thirds of all auto thefts occur at night.
- About 86% of stolen vehicles are recovered.
- Most stolen cars are used as temporary transportation by criminals.

Tips On How To Avoid Car Prowls & Theft:
- When you exit or enter your parked vehicle, stop and take a look around the area.
- Before leaving your parked car, always remove the keys, roll up the windows, and lock the car.
- Make a habit of locking your garage and car doors.

IMPORTANT FACT
In Normandy Park in 2012, there were 133 Thefts, 83 Vehicle Prowls, 47 Burglaries, and 14 Mail Thefts.

INFORMATION RESOURCES
http://crimeinamerica.net
http://www.identitytheft.info
http://www.auto-theft.info
http://www.seattle.gov

Let us provide the professional knowledge and skill to make your garden dreams a reality.

Phone: (206) 242-6063
E-mail: Staff@RoddaAndSons.com
www.RoddaAndSons.com
What To Do When Calling 9-1-1

STEP #1 – BREATHE: Most times when you are calling 9-1-1 you are involved in a very stressful situation. IF YOU HAVE TIME, before you hit send, take a deep breath, hold it for 4 seconds, and then breath out. Then you can hit send and you heart rate will have dropped significantly. This also gives you time for Step #2.

STEP #2 – LOOK AROUND: One of the other affects of stress on your body is tunnel vision. In order to be a good witness whenever the case goes to trial (9 to 12 months from now), you will have to be able to describe the scene. If you force yourself to look around, this will help you not solely focus on the most extreme thing in your vision.

STEP #3 – KNOW YOUR LOCATION: While you are breathing and while you are looking around (notice a trend?) take in your location. Before you get involved in answering the numerous questions from a 9-1-1 Dispatcher, have answers already in your head. Know your location, direction of travel, hundred block, or mile post. If you don’t know your exact location, where were you or where are you headed? When giving direction of travel, under stressful situations east, west, north or south may be impossible for you to figure out. If you are in Normandy Park are you headed towards the water, towards Burien/Des Moines/Seatac? Landmarks can be much easier to get out then directions. Which leads us to Step #4.

STEP #4 – BE PATIENT: 9-1-1 Dispatchers are highly skilled at getting the most information out of callers so they can paint a picture for first responders coming into an unknown situation. At times the large amount of questions can seem like they aren’t listening to you. Trust me, they are. Many times they are talking to you, the officers, and answering other 9-1-1 calls at the same time. Also, don’t get offended if the Dispatcher doesn’t know a local landmark. The dispatch center for the Normandy Park Police Department is in Fife. It took quite awhile for our dispatchers to get all the local jargon for Normandy Park.

The Normandy Park Police Department and its Dispatchers are here to help. Please help us by providing us with the most accurate and timely information possible.
ZOMBIE FEST 2013
Normandy Park Town Center
October 26th All Day!

Normandy Park's family-friendly Halloween Party held every October to ‘kick off’ the holiday season

- Free Pumpkins for Children
- A ‘Zombie-Zumbathon’ for all ages
- Live music by the Approximations. Zombie dance performance by the Seattle Thrillers
- A Kids Zombie Parade
- Zombie Face Decorating
- Food and Drink for all
- …and a whole lot more fun for the whole family!

Zombie Fest benefits the Highline Food Bank. Monetary donations and canned food will be accepted at the event.

Support the Normandy Park Community by becoming a sponsor!
Sponsorship funds enable Zombie Fest organizers to rent or purchase tents, banners, signs, a sound system, tables and chairs.

GOLD LEVEL - $3,900
- Full page, four-color ad in fall issue of Normandy Park City Scene Magazine (citywide distribution on October 14th)
- Giant Banner onsite with your logo
- Prime booth space onsite
- Listing as primary sponsor on all printed and online promotional materials
- Verbal recognition onsite

SILVER LEVEL - $2,750
- ½ page, four-color ad in fall issue of Normandy Park City Scene Magazine (citywide distribution on October 14th)
- Signage onsite with company name and logo
- Prime booth space onsite
- Listed as silver level sponsor in all printed and online promotional materials
- Verbal recognition onsite

BRONZE LEVEL - $1,700
- 1/3 page, four-color ad in fall issue of Normandy Park City Scene Magazine (citywide distribution on October 14th)
- Listed as bronze level sponsor in all printed and online promotional materials

SUPPORTING LEVEL - $750
- 1/6 page, four-color ad in fall issue of Normandy Park City Scene Magazine (citywide distribution on October 14th)
- Listed as silver level sponsor in all printed and online promotional materials

For sponsorship information contact Peter Philips at peter@philipspublishing.com or 206-284-8285.

For event information contact Susan West at scwestnews@gmail.com or 206-818-6945.
Normandy Park Facility Rentals Availabilities

Looking for a place to hold a birthday party, meetings, classes, or sporting events? City Hall Park, located at 801 SW 174th Street, has two regulation size Little League ballfields, one non-regulation size ballfield, and two soccer fields available for family, group, and team usage. Normandy Park Recreation Center, adjacent to City Hall Park, may just fit your next rental needs. The indoor facilities include a gym, community room and a dance studio that make for a great meeting place or space to offer classes, seminars, or lectures. Marvista Park is an ideal location to hold a family or business picnic. Located at SW 200th and 4th Ave SW, the park includes children's play equipment, community garden patches, a rose garden, a paved ADA accessible trail, benches and picnic tables, an ADA compliant restroom and a large gazebo that is used for band concerts and can be rented for picnics. Visit the City's website www.normandyparkwa.gov or contact the City's Facility Scheduler at 206-248-7603 for more information.

CITY HALL BALLFIELDS
Youth League and Major Youth User:
• Baseball and Soccer Practices
  • $6/hr per field
• Tournaments: $30 per game
  • Clinic: $22/hr per field
Family and Group Use: $15/hr per field

COMMUNITY ROOM
$30/hr for single use
$20/hr for 9 months or more

DANCE STUDIO
$15/hr for single use
$10/hr for 9 months or more

GYMNASIUM
$45/hr for single use
$27/hr for 9 months or more

MARVISTA PARK GAZEBO
$50 for 4 hours
$45 refundable deposit
$5 admin fee

Des Moines Activity Center
2065 S 216th, Des Moines 206-878-1672

The Des Moines/Normandy Park Activity Center offers many fun and exciting programs and services for Seniors throughout the year. Programs and activities can be viewed in the Senior Services section of the City’s website at www.normandyparkwa.gov/recreation.
The City of Normandy Park recently received a new addition to its City Hall Park. A new electronic scoreboard was donated by Ms. Brenda Dalton, who entered and won the device from Pepsi. The labor required to install it (which included the digging of an 85 foot trench), was provided free of charge by the South Highline National Little League. The complex wiring of the device, provided pro bono, was completed by AC Electric Service.

Thanks to the generous donation of time and resources as well as the device itself from these three parties, this new scoreboard is now available for use when renting the fields. So…Play Ball!!!
Marvista Journalism Club
By Jordan Kimmerly, Marvista Journalism Club Advisor

Earlier in the school year I stepped into the advisor role for the journalism club when it was teetering on the brink of disbandment. As a sixth grade teacher, I already knew most of the fifth and sixth grade students who comprise the club and I had a premonition that there would be a high caliber of work ethic and that I would really enjoy writing with this group. I mean, these are students who come to school an hour early to write! They have yet to prove me wrong and I am so grateful for the opportunity to work alongside them. These students put everything into their writing, are a source of student leadership at our school, and have a tremendous amount of creativity.

When I asked a few of the students to describe what being in journalism club is really about, one wrote: We have to drag ourselves out of bed at 6:45 AM, get dressed, eat, climb into the car, and get to school. Once Miss Kimmerly gets there, we start writing about stuff and things. Journalism Club is actually very fun and the members always have a blast. So next time you read an issue, remember that a lot of work was put into it.

Now through this partnership with City Scene the audience for these students’ writing has become enormous and I could not be more excited for them. These budding journalists have worked hard to put together stories that they thought would interest and entertain you, all while informing you about our school. We hope you enjoy our contributions!

Marimba at Marvista
By Jessie Markovich and Najma Hashi

THIS WEEK, WE INTERVIEWED MR. STULTS who teaches general music at Marvista and is the director of the Marvista Marimba Ensemble. Marvista is, so far, the only school in the Highline School District that has a marimba ensemble as a part of a 5th and 6th grade Arts Electives Block schedule which also includes band and string orchestra. Marimba allows students who might not be able to afford, rent, or own an instrument to make challenging music.

Before Mr. Stults came to Marvista, there was a district-wide band program already in place. The Marvista community wanted to include a string program and got the Marvista PTSA involved in making it happen. Then came the idea of creating an arts block schedule. The arts block elective is a program where all of the students in a grade level are at a specialist’s class at the same time. Mr. Stults was asked what he would like to do as an alternative to general music. He said, “I want to create a marimba ensemble! It is fun, relatively quick to learn the music, and when everyone plays together it sounds exquisite!” According to Mr. Stults, the program is successful because all the students love to be in it.

All in all, as a part of Marvista Elementary School, we are very lucky to have our amazing Arts Elective Program. It offers Marvista kids an arts education that includes an exclusive marimba ensemble with a stupendous teacher. Even though marimba class is super enjoyable and it can get you super excited, you still need to respect your teacher, the instruments, and your peers.

FUN FACT: The marimba is an instrument from Africa; the music played in marimba class is mostly African and Caribbean.
Salmon Life Cycle
By Ayax Pedro, Henry Boyer, and Chase King

Well since the 4th grade classes are studying salmon, Henry, Chase, and I decided to research the salmon life cycle. First the female lays her eggs in a redd then the male fertilizes the eggs; these will take about 6 to 12 weeks to hatch. The hatched salmon is called an alevin. An alevin is a freshly hatched egg and its nourishment is the yolk sac. They stay in the gravel until the sac is absorbed and they become fries. Then the fry has to find food for itself because the yolk sac is now gone. They will eat tiny invertebrates and the carcasses of spawned out adults. They will learn to survive in the wild. Next, as smolt, they will live in fresh water from two days to two years depending on the species. During their ocean phase in the Pacific Ocean, most will have extensive migrations (between one to five depending on the species). When they are adults they seek out the rivers where they were born, lay their eggs, and die. So next time you eat a salmon remember that it has been on a great adventure.

The 4th graders have been raising salmon in a giant fish tank at school. It has been really cool to watch the fish hatch and grow. Mr. Matthews even came in on the weekends to feed them. We interviewed Mr. Brase and asked him some questions about their field trip to the Cove to release the baby salmon they had in their tank. He said that it was a very good experience for his students and that the baby salmon will stay in the place where they were released.

Superintendent Interview
By Jessica Kleebauer and Sam Goodall

The Highline School District has a new superintendent so Marvista’s journalism club took the time to interview Dr. Susan Enfield. We had an opportunity to ask her a couple of questions. We first asked, “Why did you choose the Highline School District?” and she replied, “I was impressed with the students, teachers, and community.” Then we asked her what her favorite part about being a superintendent is. Her answer was, “My favorite part is getting to be in the schools and to be with the students.” After that we asked her, “What do you have to do to be a superintendent?” She replied, “Well it’s helpful to be a teacher first with an internship. And you need to go to college first to get credentials.” Those were the only questions we asked her but we also learned a fun fact! Before being a superintendent she used to be a Journalism teacher!

University of Washington 6th Grade Field Trip
By Najma Hashi and Jessica Kleebauer

Tuesday April 16th the 6th graders, teachers, and parent chaperones of Marvista Elementary school all took a long bus ride to the University of Washington. There we got an amazing tour of the campus. We learned that in one class there could be up to 750 students but the average is 36 students. We also learned that you can have class anytime you want and that you make your own schedule! This experience has caught the attention of many students. They are thinking about making the U DUB a part of their future. Remember it’s never too early to start thinking about college and your future!
2013 Arts Festival

The Normandy Park Arts Commission is proud to announce the dates, June 1st and 2nd, 2013, for its delightful, upcoming annual Arts Festival.

The festival, in its 14th year, features juried Adult and Children’s Art exhibitions, in professional and amateur categories. The show includes work in drawing, painting, sculpture, photography, and prints. The Festival also features a children’s activity area, an artists’ vending area, and artists’ demonstrations. In the past, vendors renting booths have displayed and sold many kinds of original artwork...jewelry, pottery, ceramic, woodworking, photography, garden art, painting and drawing, fabric items, and sculptures, to mention only a few.

If you have any questions, you can contact Arts Commission Members JoAnn Cowan or Amber Nichol. They can be reached through e-mail sent to their attention at artscomm@ci.normandy-park.wa.us. You may also contact the Arts Commission Assistant, Debbie Burke, at 206.248.8248. We hope to see you there!

Lee Paasch, Arts Festival Committee Chair

Arts Festival Juror – SHELLI PARK

Shelli Park is a resident of Burien and is an artist (paints in oils and creates sumi/pastel drawings), interior and furniture designer, and community activist. Her most important creative project has been raising three children.

Shelli owns Crimson Park Design, an interior design business. She is a co-founder of White Center Arts, which she chaired for four years, and is a Burien Arts Commissioner. Shelli is also a Yoga instructor at the Highline Athletic Club. She is interested in exploring the cause/effect relationship between arts/culture/heritage and economic vitality within communities, with a current focus on Burien.

MUSIC IN THE PARK
Summer Concert Series

Join the Normandy Park Arts Commission as we bring music to the Park! Our popular summer concert series, Music in the Park offers free family friendly concerts at Marvista on Sundays from mid-July through August, from 5:00 PM to 6:30 PM. Grab the family and join your neighbors to hear a wide variety of musicians and entertainers, from bluegrass to jazz, classic rock to children’s programs. Look for our flyers at the 4th of July Parade!
4th of July Fun Run, Parade, Ice Cream Social, and Much More!!!

Bring your family and friends to the annual 4th of July community celebration. The day begins at 10:25 a.m. with a 2.8K Fun Run, which is only as competitive as you make it. It’s free, but you are encouraged to pre-register. The course starts at Marvista Elementary and ends at Marine View Drive & Shoremont. Runners, be sure to arrive at the starting area before 10:15 a.m. as number pick up will close at that time. This year’s custom designed race t-shirt can be ordered in advance by all runners for pick up at the finish line. Non-runners may purchase any leftover shirts at the end of the race. Contact the Cove at 206-242-3778 for more details. At 10:30 a.m. the Children’s Parade leaves Marvista parking lot. Everyone is welcome to join in, either from the start (be at Marvista no later than 10:15 a.m.) or from anywhere along the parade route, which ends at the Cove. Classic cars, floats, wagons, bicycles, strollers, marching bands—all are encouraged to participate. Paint your face, decorate your bike, get out your flags; be festive or plain. Please, however, no campaigning or political signs. The Normandy Park Arts Commission will once again offer children prizes for the best decorated bicycles.

Make Your Mark Before It’s Too Late!

For a decorative touch to the new playground in City Hall Park, the City of Normandy Park is selling 6” x 6” white, ceramic tiles for a child’s handprint or footprint or to place a message in memory of a loved one. The cost is $25/tile and the tiles will adorn the seating area near the playground. However, only a handful of these tiles remain and their installation is anticipated to occur this summer. Residents interested in purchasing any of the remaining tiles should contact the City at their soonest convenience…so don’t wait!

NEW EVENTS AND PROJECTS COMING TO NORMANDY PARK

Normandy Park’s Economic Development Committee is busy working on several projects and events to help promote our local businesses and boost community spirit. The Committee includes residents, business leaders and City staff. Please join us! We are always looking for volunteers and sponsors to help make these projects a success. The Committee routinely meets on Wednesdays at 5:15 p.m. at Normandy Park City Hall.

WELCOME SIGNS: Imagine large welcome signs at the Burien and Des Moines borders that welcome people to our community and encourage them to come back. The Committee is currently working on designs and looks forward to your input. This project will be funded through private donations and/or a grant. No City funds will be used.

LIGHT POST FLAGS: It’s common to see decorative and seasonal flags on light posts along main streets. The Committee is exploring this idea for the light posts along 1st Avenue. The Committee is also looking into grants and donations to fund the project.

NORMANDY PARK WINTERFEST: Mark your calendar for Saturday, December 7th. That’s when the Economic Development Committee plans to hold a wide variety of fun holiday events at Manhattan Village and Normandy Park Towne Center. Events include Normandy Park’s first-ever tree lighting ceremonies and caroling through the community. Happy Holidays!

NORMANDY PARK ZOMBIE FEST: What would Halloween be without zombies? Mark your calendar for Saturday, October 26th at Normandy Park Towne Center. That’s when Zombie Fest takes place. This fun, free family event includes music, food, zombie face painting, pumpkins, a costume contest, spooky displays, and the famous Seattle Thrillers, who will perform Michael Jackson’s Thriller dance. The event benefits the Highline and Des Moines food banks.

FRENCH SISTER CITY PROGRAM: Bonjour! Imagine Normandy Park having a sister city in the Normandie region of France. The committee is researching this and possible events and educational programs that could complement the idea. Send us your ideas!

COVER TO CLOVER: Thank you to everyone who participated in the Cove to Clover Pre-Registration party at Normandy Park Towne Center on Friday, April 19th. The event included a shoe swap, registration tables, and wonderful food and beverages from Emerald Cove Catering, Starbucks, Oh Chocolate, and the Arts Commission.

If you would like to become a volunteer or help sponsor an event, contact the Economic Development Committee Chair, Susan West at scwestnews@gmail.com or 206-818-6945.
CITY SCENES

Have a photo to share?
Send us your best scenes of Normandy Park.
Email photos to Debbie Burke at debbieb@ci.normandy-park.wa.us for inclusion in the magazine!

(Top) Caterer Anastasia makes sure that everything is perfect for the Arts Commission reception.

(Right) Costumed in traditional Venetian festival garb, the artist Daniel McManus and his entourage bring a special treat to the artist reception.

(Bottom Right) Raymond Street gets a chance to prove his worth against the pickleballers who meet every week in the gym.
COVE 2 CLOVER

The 5th Annual charitable running race, COVE 2 CLOVER, was held on April 28th, 2013. For race results and more information about the run, go to www.covetoclover.com.
First Avenue South Business Corridor

Access Pharmacy (206) 242-0040
Archie's Mexican Restaurant (206) 436-0850
Card Advantage Games (206) 274-6070
Dunn Lumber Company (206) 242-1010
Emerald Cove Catering Co. (206) 246-5495
Four Star Cleaners (206) 988-0200
Healthy Nail & Spa (206) 244-7221
Ichi 7 Teriyaki (425) 602-7197
Kids Country Normandy Park, Inc. (206) 248-5336
Lovely Nails (206) 244-8444
Manhattan Hair Salon (206) 436-0850
Normandy Cleaners (206) 431-5363
Normandy Park Family Dentistry (206) 244-3921
Northwest Business Solutions-UPS Store (206) 243-9843
Optimal Health Chiropractic (206) 241-3836
Pass It On (206) 280-7272
Paws in the Park Pet Supply (206) 242-7387
Quality Food Store - QFC #805 (206) 243-9340
Salon In the Park (206) 242-2999
Starbucks Coffee #3334 (206) 318-8704
Teak House Thai Restaurant (206) 244-8444
Emma Skjonsby, MA, LMHCA (206) 229-9208
Gilbert Family Dentistry (206) 242-5808
TurningPoint Counseling (206) 241-0971
Virginia Phair (206) 724-9104

Bishop Law Offices P.S. (206) 592-9000
Burien Cooperative Education Project, (206) 922-1202
The Bridge School (206) 592-8267
Desert Sun Tanning (206) 244-5157
Dr. Doctor (206) 747-7274
Dr. Jessica Misner, Psy.D. (206) 824-2183
Dr. Max Lee, MD (206) 824-9442
Edward Jones Investments (206) 429-3842
Face to Face Euro Spa (206) 429-3842
Flourish Acupuncture & Wellness LLC (206) 349-7605
Hanblecyea Treatment Center (206) 592-6182
Kayak Bar & Grill (206) 429-3145
Millenial Builders, LLC (206) 429-3844
Nail BK Spa of D, LLC (206) 212-6338
Normandy Park Athletic Club (206) 870-9000
Normandy Park Hair Designs (206) 824-6830
Normandy Park Market COMING SOON
Northwest Clinic of Chiropractic PLLC (206) 242-9292
Northwest Ingredients (425) 775-7385
Oh Chocolate! (425) 211-4548
Olympic View Dental (206) 824-4700
Papa John's Pizza (206) 248-3333
Rose Pho LLC (206) 379-6694
The Samara Hubner, Inc (206) 878-8875
Subway (206) 406-0698
Our services

- Full scope family practice/primary care for the whole family includes
- Out-patient care for male and female, children and adults illness and urgent care
- Comprehensive physical exams for all ages including well-child, well-adult, DOT, gynecological and sports exams and laboratory services
- Weight Loss Program called FirstLine Therapy, an effective therapeutic lifestyle and composition-based weight loss program

Upcoming events & specials

Brilliant Distinctions Events are scheduled for Saturday, June 1st and August 3rd, 10am-8pm

We have launched the first BRILLIANT DISTINCTIONS BEAUTY MAKEOVER CONTEST!

For the events and contest details follow us on Facebook and LarsonMedicalAesthetics.com

Medical aesthetic services

- Complimentary skin consultation with our aesthetician
- Skin rejuvenation using medical level chemical peels and laser to treat acne, sun spots (brown and red), scars, fine lines, spider veins, dark circles under the eyes and wrinkles
- Laser Skin, Hair reduction/removal, Vein, Tattoo Removal and Fungal Nail Treatments
- Botox Cosmetic to treat wrinkles
- Fillers (Juvederm, Radiesse, and Artefill) for a non-surgical facelift
- Pharmaceutical-grade Skin Care Products including Obagi, PrecisionMD and Latisse Lash Kits

Margaret L. Larson, MSN, ARNP, NP-C grew up in Normandy Park and now has returned to live closer to her practice. She had been practicing with her father, Roger K Larson, MD for 6 years in Burien when he retired last year. Family and community are very important to her as reflected in her unique family practice approach to prevention, lifelong wellness and optimal health for individuals and families.

Larson Family Medicine & Medical Aesthetics
16233 Sylvester Road SW, G-30
Burien, WA 98166

info@larsonfamilymedicine.com
LarsonFamilyMedicine.com
p 206.244.5477
f 206.901.2678
Coming Soon

NORMANDY PARK
market

8’
4’

Distance of Text Readability

Text Height    Optimum    Maximum
3”                 30’           100’
6”                 60’           200’
9”                 90’           400’
12”               120’           525’
15”               150’           630’
17”               170’           710’
18”               180’           750’
22”               280’           920’
24”               340’        1,000’
48”               480’        2,000’
60”               600’        2,500’

• Bringing goodness to the neighborhood
• Providing the community with superior service
• Restoring local traditions and strong grocery values

Normandy Park’s locally owned community market on the corner of 1st Ave. S and SW 200th St.